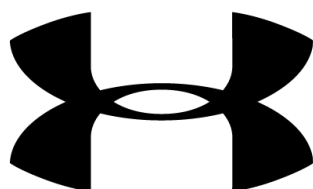




MCDC 2019 TENTATIVE START LISTS (as at 3:00pm CDT Tue 5/26)



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Physical Therapy

FRIDAY EVENTS

OPEN EVENTS

6:30pm | Open Women's 800m

			<u>PB</u>	<u>SB</u>
1	Hannah Chappell-Dick	Atlanta TC		2:09.50
2	Roshae Jackson	Campbell	2:09.62 ('19)	2:09.62
3	Lindsey Putman	Defiance Athletics	2:08.46 ('16)	2:10.72
4	Veronica Lyle	Samford	2:11.91 ('19)	2:11.91
5	Emily Little	Unattached (Marist HS)		2:22.93
6	Katherine Heckman	18 Unattached (TN)		2:28.50
7	Lauren Anne Smith	16 Mississippi Distance		2:30.00
8	MacKenzie Egan	11 Unattached (TN)		2:37.98
	(Move to ES800?)			
P1	TBD		62.0 400m	

6:40pm | Men's 800m (Slowest to fastest)

Heat 1

1	Charles Shimukowa	Cumberland	1:51.29
2	Jouhan Febus	PUERTO RICO	1:51.50
3	Benjamin Hebert	Unattached	1:52.00
4	Kenton Bachmann	Unattached	1:52.03
5	Billy Svecko	Unattached	1:53.00
6	Jacob Lough	Xavier	1:53.15
7	Andrew Powell	Unattached	1:53.27
8	Nathan Mack	Unattached	1:53.45

Heat 2

1	Keaton Jones	SEMO	1:53.75
2	Justin Durham	Unattached	1:54.12
3	Roger Reyes	19 Miami Elite TC	1:55.13
4	Colin Jones	SEMO	1:56.06
5	Dawson Mann	Tough Track	1:56.50
6	Jacob Starace	18 Rocket City Running	1:57.17
7	Colby Swecker	17 Unattached (AR)	1:57.36
8	Henry Griffin	16 Unattached	1:57.55
9	Connor Williams	15 Unattached (Hillsboro HS)	1:57.80
10	Zak Sakacs	Runners Empire	1:59.28

Heat 3

1	Brandon Smith	Unattached	2:00.00
2	Miles Ally		2:00.66
3	Jackson Danner	16 Rocket City Running	2:01.00
4	John Neal	Unattached	2:01.60
5	Matthew McMillan	Talon TC	2:02.00
6	Terrick Johnson	15 Unattached (TN)	2:02.00
7	Adrian Haines	52 British Airways	2:03.00
8	Lennie Mitchell	16 Unattached (TN)	2:04.00
9	Grant Thompson	Unattached	2:04.68
10	Jonahius Kemboi	18 Unattached	2:05.00
11	Trevor Saulsberry	17 Whitehaven TC	2:05.91

Pace

P1	Reggie Sanders	53.0 400m
P2	TBD	54.5 400m
P3	TBD	57.0 400m

6:55pm | Women's 5000m [will merge with Men]

1	Rebecca Walter	Unattached	18:00.00
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Pace

P1

6:55pm | Men's 5000m

1	Arnaldo Martinez	18	PUERTO RICO	15:22.23
2	Jonah Bird	19	Unattached	15:30.00
3	Jordan Wilson		Unattached	15:47.39
4	Chris Demetra	39	Unattached	15:49.20
5	Hunter Hall		Unattached	15:56.24
6	Tony White	34	Unattached	15:59.00
7	Jacob Cobb	17	Rocket City Running	16:14.00
8	William Pinson	15	Unattached	16:30.00
9	Gabe Scales	17	Rocket City Running	16:33.00
10	Christian Woller	18	Unattached (TN)	16:48.00
11	Jackson Gary	15	Unattached (TN)	16:52.00
12	Kevin Dempsey	25	Unattached (TN)	17:00.00
13	Kirby Spraggins		Unattached (TX)	17:08.00
14	Stone Smith	13	Unattached (AL)	17:34.00
15	Jackson Nguyen	17	Rocket City Running	17:38.00
16	Cole Benson	18	Unattached (TN)	17:42.00
17	Matthew Cobb	14	Rocket City Running	17:45.00
18	Thomas Aldag	17	Rocket City Running	17:45.00
19	Andrew Wisniewski	37	Nashville Harriers	17:50.57
20	Jackson Lee	16	Rocket City Running	18:05.00

Pace

TBD

ELITE SECTION

7:30pm | Women's 600m (1 heat: 7 runners Max)

U.S Record: 1:22.39 Ajee Wilson (Adidas) 8/27/2017

World/U.S Indoor Lead: 1:23.57i Athing Mu (NJ HS) 2/24 New York, NY

World Outdoor Lead: 1:28.65 Lore Hoffman (SUI) 5/12 Pliehausen, GER

TN Soil Record: n/a

Facility & Meet Record: n/a

					600 PB	800 PB	'18 SB	'19 SB 6/8	IAAF Pts
2	Madeline Kopp 		04.04.95	District TC	1:27.09i ('19)	2:00.88 ('18)	2:00.88	1:27.09i	1147
3	Alethia Marrero		05.13.95	Garden State TC	1:29.43i ('19)	2:02.67 ('15)	2:03.08	1:29.43i/ 2:03.04	1108
4	Rose-Anne Galligan		12.09.87	IRELAND	1:29.40 ('12)	2:00.58 ('13)	Injured	-	-
Possibles									
	Jennifer Edobi		01.20.96	NIGERIA	1:31.92i ('18)	2:05.32 ('19)		(2:05.32)	1069

7:35pm | HS Girls' 2000m Steeplechase (Entry Standard: 7:55.00) – One Heat: Maximum of 16 runners

U.S. Record: 6:29.08 Sarah Trainor (FDR HS, NY) 5/4/2019

U.S Lead: 6:29.08 Sarah Trainor (FDR HS, NY) 5/4/2019

Meet & TN State Record: 6:56.81 Gigi Maddox (Page HS) 2018

State Lead: 7:33.80 Mollie Longmire (Anderson Co HS) 4/19

NB Nationals: 7:15.00

1	Rylee Pustilnik	20	Delray Beach, FL (Spanish River HS)	-	(4:57.67c)
2	Felicity Bost	21	Memphis Jaguars	7:24.94 ('18)	(2:16.23i)
3	Kaitlyn Vanderkolk	21	Brentwood, TN (Brentwood HS)	-	(11:28.92)
4	Mollie Longmire	19	Clinton, TN (Anderson Co HS)	7:33.80 ('19)	7:33.80
5	Taylor Cosey (NC State)	19	Knoxville, TN (Knox Catholic HS)	7:51.18 ('18)	(11:32.07)
6	Harper Russell	19	Rogersville, TN (Cherokee HS)	7:54.77 ('19)	7:54.77
ENTRY STANDARD 7:55.00					

7:45pm | HS Boys' 2000m Steeplechase (Entry Standard: 6:45.00) – One Heat: Maximum of 16 runners
(2 alternates)

U.S Record: 5:41.67 Bailey Roth (Coronado HS, CO) 2014

U.S Lead: 6:03.19 Will Muirhead (Lovejoy HS, TX) 3/27

TN State Record: 6:00.37 Alex Crigger (Science Hill HS) 2017

Meet Record: 6:14.11 Koi Williams (Unattached, GA) 2018

NB Nationals: 6:15.00

1	Alex Ponce (UA-Huntsville)	19	Hendersonville, TN (Merrol-Hyde Magnet)	6:23.37 ('19)	6:23.37
2	Austin Kirkpatrick	20	Rogersville, TN (Cherokee HS)	6:26.58 ('18)	6:29.43
3	Nate Lawson	21	Knoxville, TN (Hardin Valley Academy)	6:29.57 ('19)	6:29.57
4	Jacob Pringle	19	Collierville, TN (Collierville HS)	6:33.62 ('19)	6:33.62
5	Matthew Brown	21	Hartwell, GA (Hart Co HS)	6:33.95 ('19)	6:33.95
6	Alex Brittain	21	Knoxville, TN (Hardin Valley Academy)	6:39.66 ('19)	6:39.66
7	Jason Doland (Memphis)	19	Inverness, IL (St Viator HS)	6:34.18 ('17)	6:55.04
8	Sam Moultrie	20	Guntersville, AL (Guntersville, AL)	-	(9:26.48)
9	Kevin Vanderkolk	21	Brentwood, TN (Brentwood HS)	-	4:24.46 1600
10	Wilkes Howes	20	Mobile, AL (St Paul's Episcopal HS)	-	4:34.54 1600

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8:00pm | Men's 800m | Heats Slowest to fastest**2020 Olympics: 1:45.20** | Those with standard are **bolded in red****World Champs: 1:45.80** | Those with standard are **bolded**

U.S Champs: 1:47.50 (32)

U.S. record: 1:42.60 Johnny Gray (Santa Monica TC) 1985

WORLD LEAD: 1:44.29 Nijel Amos (Nike OTC Elite/BOT) 5/3 Doha, QAT

U.S Lead: 1:44.70 Donovan Brazier (Nike Oregon Project) 5/3 Doha, QAT

TN Soil Record: 1:44.85 Dave Patrick (Athletics West) 1983

Facility & Meet Record: 1:45.56 Thomas Staines (GREAT BRITAIN) 2018

PRIZE PURSE: \$750 | \$250 | \$150 + \$250 MR Bonus + \$250 TSR Bonus

					PB	'18 Out SB	'19 SB	IAAF Pts
A1 & A2 Heat								
A1	Brandon McBride 		06.15.94	Adidas	1:423.20 ('18)	1:43.20 (#5)	-	1229
B2	Thomas Staines ('18 1 st)		02.22.98	GREAT BRITAIN	1:45.57 ('18)	1:45.57	(1:15.31i)/1:47.53	1156
A2	Quamel Prince		04.20.94	District TC (4x8)	1:45.58 ('19)	1:46.30	1:45.58 (#15)	1156
B2	Edose Ibadin ('18 2 nd) 		02.27.93	District TC (4x8)	1:45.69 ('18)	1:45.69	1:46.67i/1:47.43	1152
A3	Alex Amankwah  		03.02.92	District TC (4x8)	1:44.80 ('17)	1:45.81	1:47.86	1149
B3	Drew Piazza		01.28.95	Nike OTC Elite	1:45.69 ('17)	1:45.83	1:47.74	1148
A4	Edward Kemboi		12.09.93	Atlanta TC	1:44.77 ('17)	1:46.07	1:49.33i/1:47.86	1141
B4	Sam Ellison		12.05.92	Boston AA	1:46.13i ('19)	1:46.20	1:46.13i/1:47.01	1139
B5	Jesse Garn		06.04.93	HOKA NJNYTC (4x8)	1:45.04 ('17)	1:46.17	1:47.56	1138
B6	Wesley Vazquez 		03.27.94	PUERTO RICO	1:44.64 ('14)	1:46.47	1:46.40	1131
A6	Robert Ford		03.08.96	HOKA NJNYTC (4x8)	1:46.43 ('18)	1:46.43	1:47.87	1130
B6	Chris Giesting		12.10.92	HOKA NJNYTC (4x8)	1:46.48i ('19)	1:46.88	1:46.48i/1:46.79	1129
A7	Abraham Alvarado		08.04.95	Atlanta TC	1:46.53i ('19)	1:47.46	1:46.53i/1:47.21	1127
B7	Dean Cronin		09.29.93	Atlanta TC	1:46.67 ('18)	1:46.67	1:49.69	1123
A8	Charles Jones 		11.01.95	District TC (4x8)	1:46.70 ('17)	1:47.25	(1:15.93i)	1113
B8	Daniel Nixon			Unattached	1:47.06 ('19)	1:50.79	1:47.06	1111
B Heat								
1	Paris Simmons		06.03.91	Top 5 Sport	1:47.14 ('18)	1:47.14	1:48.80	1109
2	Dylan Capwell		07.01.95	Atlanta TC (4x8)	1:46.70i ('15)	1:47.98	1:47.38	1102
3	Derek Holdsworth		02.12.96	Unattached	1:47.07 ('17)	1:47.43	1:49.77i	1101
4	Anthony Romaniw 		09.15.91	Speed River TC	1:45.60 ('13)	1:47.69	1:50.44	1093
5	James Gilreath		08.07.89	Team Green	1:46.70 ('16)	1:47.74	1:49.56i	1092
	Robby Andrews SCR		03.29.91	Adidas	1:44.71 ('11)	1:47.78	1:51.97i	1090
6	Devundrick Walker			CSU – Pueblo	1:47.91 ('18)	1:47.91	1:49.47	1087

7	Ryan Manahan		07.14.94	HOKANJNYTC	1:46.87 ('17)	-	1:48.00	1084
8	Patrick Peterson		08.26.92	Atlanta TC	1:48.10 ('13)		1:48.19	1078
C Heat								
1	Robert Downs			Unattached (TX)	1:48.42 ('19)	1:48.68	1:48.42	1071
2	Grey Howard		12.05.95	Lactic City TC	1:48.46 ('19)	1:49.02	1:48.46	1070
3	Dage Minors		10.26.95	BERMUDA	1:47.98i ('18)	1:48.53	1:48.98i	1069
4	Sergio Miranda		05.13.92	Unattached	1:48.96 ('19)	1:50.41	1:48.96	1056
5	Matt Molinaro			HOKA NJNYTC	1:47.73 ('17)	1:50.28	1:49.20	1049
6	Cameron Proceviat			Coastal TC	1:49.28 ('16)	1:49.85	(3:46.66)	1047
7	Christian Harrison		09.27.93	Boston A. A	1:46.69 ('16)	1:49.38	1:49.34i/1:49.47	1046
8	Ian Jones			Unattached	1:48.46 ('17)	1:49.37	1:50.00	1044
9	Mike Marsella			Boston A. A.	1:49.53 ('14)	1:51.23	2:21.78i	1036
10	Hugo Arlabosse		03.10.99	FRANCE	1:49.76i ('19)	1:50.00	1:49.76i	1034
11	Duane Solomon 			Unattached	1:42.82 ('12)	-	-	
PACE								
A1	Trevon Saunders			Unattached	50.5-51.0			
A2	Charles Shimukowa			Unattached	50.5-51.0			
B	Golden Coachman			Unattached	51.0-51.5			
C	TBD			Unattached	51.5-52.0			

8:20pm | Masters Women's Mile (Entry Standard: 6:00.00) – One Heat: Maximum of 16 runners (2 alternates)

U.S Records: 40-44: 4:45.68, 45-49: 4:56.28, 50-54: 5:15.55, 55-59: 5:30.32, 60-64: 5:39.84

World Records: 40-44: 4:23.78, 45-49: 4:48.42, 50-54: 5:00.59, 55-59: 5:17.37, 60-64: 5:39.84

Meet Record: 4:45.68 Sonja Friend-Uhl (Atlanta TC) 2015

1	Sonja Friend-Uhl	47		Atlanta TC	4:55.00
2	Jen St. Jean	42		CPTC New Balance	4:59.00
3	Jill Braley	40		Atlanta TC	5:35.00
4	Lynn Cooke	60		New Balance Tampa	5:38.20
5	Shelly Allen	55		New Balance Tampa	5:51.60
ENTRY STANDARD (6:00.00)					
P	Lindsay Putman??				2:27.0 800

8:30pm | Masters Men's Mile (Entry Standard: 5:10.00) – One Heat: Maximum of 16 runners (2 alternates)

U.S Records: 40-44: 3:57.91, 45-49: 4:16.09, 50-54: 4:25.04, 55-59: 4:36.94, 60-64: 4:53.01

World Records: 40-44: 3:57.91, 45-49: 4:16.09, 50-54: 4:25.04, 55-59: 4:35.04, 60-64: 4:51.85

Meet M40 Record: 3:58.79 Anthony Whiteman (GREAT BRITAIN) 2012

Meet M50 Record: 4:26.39 Todd Straka (Boulder TC) 2017

1	Shane Healy 	51		IRELAND (3:59.23 '94)	4:25.00
2	Brad Barton	53		Get Away Today	4:25.00
3	Jim Dyck SCR	53		Toronto Harriers	4:45.17i
4	Doug Cross	50		Runners Market	4:49.91
5	Todd Straka	52		Rise Athletics/Rabbit	4:51.00
6	Adrian Haines	52		British Airways	4:52.00
7	Jeff Edmonds	42		Nashville Harriers	5:00.00
8	Charlie Simon (ADD: also in Open Mile)	42		Unattached	5:04.00
ENTRY STANDARD (5:10.00)					
P	Jay Stephenson				2:10.0 800

8:40pm | HS Girls' 3200m (Entry Standard: 11:30.00) – One Heat: Maximum of 16 runners

(2 alternates)

U.S. Record: 9:38.68i 2 miles Mary Cain (Bronxville HS, NY) 2013

U.S Lead:

Meet Record: 10:40.32 Niamh Schumacher (Kings Academy, TN) 2017

TN State Record:

NB Nationals (2 miles): 10:40.00 | Emerging Elite: 11:05.00

				PB	SB	Alt. Con.
1	Emma Wilson (Illinois)	19	Greencastle, IN (Greencastle HS)	10:19.44ci ('19)	10:19.44ci	
2	Gionna Quarzo	20	Brownsville, PA (Brownsville Area HS)	10:29.29 ('19)	10:29.29	
3	Caroline Kirby	21	Morgantown, WV (University HS)	10:57.74 ('19)	10:57.74	
4	Jordan Shapiro	20	Miami, FL (Palmetto HS)	11:00.07 ('19)	11:00.07	
5	Madelynne Cadeau	20	Cumming, GA (S. Forsyth HS)	11:02.06 ('18)	11:05.16c	
6	Allison Newman	21	Collierville, TN (St George's)	11:13.42 ('19)	11:13.42	
7	Kylie Poole	19	Albuquerque, NM (Hope Christian HS)	11:40.85A ('19)	11:40.85A	11:22.61
8	Gracie O'Neal	20	Chickamauga, GA (Gordon Lee HS)	11:27.52 ('19)	11:27.52	
9	Kylie Wittman		Brentwood, TN (Brentwood Academy)	11:32.42 ('18)	11:40.40	
10	Cassie Lawlor		Boca Raton, FL (Pine Crest HS)	11:42.84 ('19)	11:42.84	
Pacer						
P1	Hannah Chappell-Dick			5:06-5:08 thru' 1600 (76.5-77/lap)		

8:55pm | HS Boys' 3200m (Entry Standard: 9:30.00) – One Heat: Maximum of 16 runners (2 alternates)

U.S record:

Meet Record: 8:56.24 Ben Hubers (McEachern HS, GA) 2007

U.S Lead: 8:47.97 Matt Strangio (Jesuit HS, CA) 3/16

TN State Record: 8:46.47 Andrew Bumbalough (Brentwood Academy, TN) 2004

NB Nationals: 9:12.00 (9:14.00 2M) | Emerging Elite: 9:22.00

1	Kashon Harrison	19	Kirtland, NM (Kirtland Central HS)	8:58.90 ('19)	8:58.90
2	Lowell Hengsen	19	Raleigh, NC (Cardinal Gibbons HS)	9:12.32 ('19)	9:12.32
3	John Higinbotham	20	Alpharetta, GA (Veritas Classical Sch.)	-	(15:04.78)
4	Fuji Anday	20	Murfreesboro, TN (Central Magnet)	9:27.76 ('19)	9:27.76
5	Matthew Porter	19	Brentwood, TN (Brentwood Academy)	9:34.16 ('18)	9:37.35
6	Jackson Williams	20	Arlington, TN (Arlington HS)	9:39.05 ('19)	9:39.05
7	Collin Oswalt	21	Hutchison, KS (Central Christian HS)	9:47.86 ('19)	9:47.86
8	Eric Scharon	21	Albuquerque, NM (Hope Christian HS)	9:53.71A ('19)	9:53.71A
9	George Payne	19	Brentwood, TN (Brentwood Academy)	9:44.48 ('18)	9:48.35
10	Andrew Cox	20	Nashville, TN (Franklin Road Academy)	9:52.43 ('19)	9:52.43
11	Cayden Durrough	21	Brentwood, TN (Brentwood Academy)	10:12.48 ('19)	10:12.48/16:20 XC

Pacer

P1	Sean Brown?	66.5/lap to lead out
P2	Kyle Levemore	66.5/lap to take over

9:10pm | Women's 5000m (Entry Standard: 17:00.00) | Max Number of runners: 32

IAAF World Champs: 15:22.00

U.S Champs: 15:25.00 (24)

WORLD LEAD: 15:06.71 Rachel Schneider (USA) 5/16 Los Angeles, CA

U.S Lead: 15:06.71 Rachel Schneider (Under Armour) 5/16 Los Angeles, CA

Facility & Meet Record: 15:42.3 Catherine Layne (Nike/GREAT BRITAIN) 2004

TN Soil Record: 15:22.76 Brenda Webb (Adidas) 1984

U.S High School Record: 15:45.46 Mary Cain (Bronxville HS, NY) 2013

PRIZE PURSE: \$750 | \$300 | \$150 + \$250 MR Bonus + \$250 TSR Bonus**FIRST 3 TENNESSEANS: \$300 | \$200 | \$100**

					PB	'18 SB	SB	IAAF Pts
1	Aminat Olowora		03.21.94	Oklahoma City Univ. (NAIA)	15:48.48 ('19)	16:00.08	15:48.48	
2	Nicole Gardner		02.02.97	Unattached	16:44.71 ('18)	16:44.71	(4:20.25)	
3	Kathryn Lazarchick			Run CCG	16:21.60 ('18)	16:21.60	16:22.12	
4	Cristeliz Colon Santiago			PUERTO RICO	16:26.80 ('19)		16:26.80	
5	Emily Kearney		11.10.95	Wirral AC	16:27.89i ('19)		16:27.89i	
6	Victoria Kingham			NB Central Park TC	16:46.97 ('19)		16:46.97	
7	Miranda Thompson			Monarchs AC	16:50.20 ('19)		16:50.20	
8	Anna Pasternak		06.11.93	Unattached	16:48.95 ('15)	(10:27.77)	-	
9	Stella Christoforou		03.02.92	CYPRUS	NT			
10	Kaylee Bogina			Unattached	17:11.80 ('18)	17:11.80	17:13.65	
11	Gisela Olalde			Unattached	17:29.86 ('16)	17:52.28	-	
Pacer Options								
P1	TBD???				74.5-75.0/LAP			

ENTRY STANDARD: 17:10.00

or 9:56.50/11:14.00/36:15.00 3K/3KSC/10K or 36:35/1:19:40 10K/13.1M Rd

9:30pm | Men's 5000m (Entry Standard: 14:40.00) | Max Number of runners: 32

IAAF World Champs: 13:22.50

U.S Champs: 13:35.00 (24)

WORLD LEAD: 13:10.72 Yomif Kejelcha (Nike Oregon Project/ETH) 5/2 Palo Alto, CA

U.S Lead: 13:17.23 Kirubel Erassa (American Distance Project) 5/2 Palo Alto, CA

Meet & Facility Record: 13:48.31 Jeff See (Saucony/Furman Elite) 2014

TN Soil Record: 13:20.39 Todd Williams (Adidas) 1995

PRIZE PURSE: \$750 | \$250 | \$150 + \$250 MR Bonus + \$250 TSR Bonus**FIRST 3 TENNESSEANS: \$300 | \$200 | \$100**

						PB	'18 SB	'19 SB	IAAF Pts
1	Sydney Gidabuday 		08.21.96	Unattached (Adams St '19)		13:29.31 ('18)	13:29.31	13:46.34i	
2	Mike Tate		04.01.95	Speed River TC		13:34.28 ('17)		(8:00.09i)	
3	Willy Fink 		03.07.94	Unattached		13:38.60 ('19)		13:38.60	
4	Donnie Cowart 		10.24.85	Unattached		13:40.84 ('19)		13:40.84	
5	Sam Vincent (1) 		1992	Tough Track		13:50.02 ('18)	13:50.02	(8:04.33i)	
6	Austin Dalquest			Arkansas		13:50.87 ('18)	13:50.87	14:06.21i	
7	Bryce Bradley			(MI) – ex GVSU		14:00.89 ('16)		14:34.58i	
8	Farah Abdulkarim		11.09.96	Unattached (Ole Miss)		14:02.78i ('19)	14:27.39	14:02.78i	
9	Eduardo Garcia 		11.20.92	ASICS-Greenville TC Elite		14:06.17i ('16)	(30:16)	14:31.98	
10	Wuoi Mach		01.19.94	Gazelle Elite		14:11.68 ('18)		14:24.76i	
11	Ben Vargese		03.24.99	Unattached		14:11.80 ('19)		14:11.80	
	David Barney SCR		03.01.94	Unattached		14:12.23 ('17)		14:22.34	
12	Fernando Ojeda		08.12.92	PUERTO RICO		14:13.02 ('19)		14:13.03	
13	Caleb Kerr		12.26.93	IN		14:18.92 ('14)		14:36.00i	
14	Adam Freudenthal			SC		14:15.27 ('14)		14:50.74i	
15	Colin O'Mara			Arkansas		14:21.03 ('19)		14:21.03	
16	Mitchell Ubene		06.24.98	Speed River TC		14:21.97 ('18)	14:21.96	(8:20.28i)	
17	Mike Kurvach			Kevin's Kangaroos		14:42.76 ('19)		(8:21.07i)	
18	Dillon Dean		08.28.87	Samford		14:43.20i ('19)	14:51.71	14:43.20i	
19	August Pappas			Unattached		14:23.97 ('14)	14:40.66	14:53.89	
20	Lucas Cotter			Unattached		14:29.49 ('12)	14:51.41	-	
21	Wesley Robinson			Unattached		14:30.03 ('18)	14:30.03		
22	Alex Foote			Unattached		14:48		14:53.42	
23	Carl Oberfeiting		05.02.95	Unattached		14:57			
24	Derek Stone			Everyman Jack				(1:08:00)	
Pacer									
P1	Derek Gutierrez			Unattached		65.0-65.3/lap for as long as possible			



9:45pm | Men's CITY AUTO 1 Mile | One Heat: Maximum of 12 runners (2 alternates)

World Champs (1500m): 3:53.10 (3:36.00) | Those with standard are **bolded**

U.S Champs (1500m): 3:56.50 (3:39.00) (30)

WORLD LEAD: 3:57.45 Rorey Hunter (NEW ZEALAND) 3/2 Wanganui, NZL

U.S Lead: 4:00.85 Cooper Teare (Oregon) 4/6 Tempe, AZ

TN (Outdoor) Soil Record: 3:55.43 Eric Avila (Adidas) 08/25/18 Memphis

TN (Indoor) Soil Record: 3:53.79 Sydney Maree 01/18/86 Johnson City

Meet & Facility Record: 3:55.65 Nate Brannen (CANADA) 2014

PRIZE PURSE: \$750 | \$250 | \$150 + \$250 MR Bonus + \$250 TSR Bonus

					<u>1500 PB</u>	<u>Mile PB</u>	<u>'18 Out SB</u>	<u>'19 SB</u>	<u>IAAF Pts</u>
1	Mason Ferlic		08.05.93	Nike	3:42.28 ('16)	4:00.31i ('18)	(8:29.77 SC)	-	1104
2	Brandon Lasater		10.09.92	Atlanta TC (4x8)	3:41.13 ('17)	3:59.11i ('19)	3:46.52	3:59.11i	1086
3	Craig Nowak		04.20.94	Furman Elite	3:39.64 ('17)	3:58.93i ('17)	4:03.44	3:59.96i	1075
4	Troy Reeder		08.08.94	Furman Elite	3:43.65 ('15)	4:00.20i ('19)	(8:51.32)	4:00.20i	1072
5	Chris Hatler		10.12.94	Philadelphia Runner TC	3:39.08 ('17)	4:00.54 ('18)	3:44.26/ 4:00.54	-	1068
6	Daniel Wallis		01.29.96	Queens	3:43.81 ('19)	4:04.86i ('18)	3:47.75	(3:43.81)	1056
7	Nahom Solomon		09.27.95	Unattached	3:44.28 ('18)	4:06.40i ('19)	3:44.28/	(3:45.02)/4:06.40i	1050
8	Victor Palumbo			CPTC New Balance	3:44.30 ('18)	4:02.86i ('19)	3:44.30	3:46.98/4:02.86i	1050
9	Henry Dwyer			Tinman Elite	3:44.62 ('18)	4:02.73 ('18)	3:44.62/4:02.73	(2:23.78i)	1045
10	Cameron Villarreal			Unattached	3:44.81 ('18)	4:01.25i ('15)	3:44.81/-	(3:45.88)	1043
11	Wesley Curles		08.02.95	Resolute Running	3:44.30 ('17)	4:03.37 ('18)	3:45.15	(3:49.77)	1038
12	Joshua Bell			Unattached	3:45.27 ('18)	4:11.10 ('16)	3:45.27	(3:47.89)	1037
13	Kendall Muhammad		07.29.97	Unattached	3:44.83 ('17)	4:03.28 ('16)	3:45.38/4:10.12i	3:45.35/4:10.82i	
14	Christian DeLago			Atlanta TC	3:42.46 ('17)	4:00.97i ('16)	4:04.09	(2:28.17i)	
15	Parker Scott		11.11.97	Unattached	3:44.55 ('17)	4:08.96i ('18)	3:45.42	-	
16	Kevin Greene		06.04.92	Battle Road TC	3:44.66 ('15)	4:00.00 ('16)	3:48.27/ 4:04.97	(2:26.72i)	1014
17	Connor Reck			Boston A. A.	3:49.39 ('15)	4:05.34i ('17)	3:54.11	2:23.06i/4:06.42i	1009
18	Wesley Pectol		04.18.96	Unattached	3:48.18 ('16)	4:05.25i ('14)	3:48.82	(3:50.86)	966

19	Brian Llamas		04.25.93	Guanajuato	3:48.01 ('16)	4:01.43 ('16)	4:09.80Ac	4:14.67i
PACE								
A	Will Crocker			Unattached			1:58 800m/2:27 1000m	

SATURDAY EVENTS

OPEN EVENTS

4:00pm: Kids' Superhero 200m Dash

1	Ben Milner	M 7	Unattached
2	Gabriel Kennedy-Qear	M 9	Unattached
3	Jackson Lovely	M 8	Unattached
4	Gray Kirkpatrick	M 7	Unattached
5	Riley Lovely	F 6	Unattached
6	Hunter Lovely	M 6	Unattached
7	Caleb Metzger	M 6	Unattached
8	Kylie White	F 2	Unattached
9	Ezra Magut	M 6	Unattached
10	Benjamin Hartmann	M2	Unattached

4:10pm: ES Girls' 800m

1	Lily Alder	11	Unattached (NC)	2:55.03
2	Farrah Bost	9	Unattached (TN)	3:02.00

4:20pm: ES Boys' 800m

1	Michael Alder	9	Unattached (NC)	3:00.00
2	Jonas Andrews		NYA	3:15.00
3	Oliver Hartmann	10	Unattached	NT
4	Maxwell Hartmann	8	Unattached	NT
5	Christopher Conricode	xx	NYA	NT

4:30pm: MS Girls' Mile

1	Jolena Quarzo (BIRTHDAY 6/1/05)	13	WV Flyers	xx	5:19.45
2	Vanessa Alder	13			5:22.75
3	Olivia Smith	13	Unattached (MS)		5:40.00
4	Audrey Kate Smith	12	Mobile City Speed (AL)		5:58.00
5	McKenzie Egan	11	Unattached (TN)		6:05.87
6	Caroline Irvin	12	Unattached		6:18.00

4:45pm: MS Boys' Mile

1	Stone Smith	13	Mobile City Speed (AL)		4:50.00
2	Nate Martinez	14	Middle TN Track Club		4:53.50
3	Gavin Sellers	14	Unattached		4:54.00
4	Parker Linder	15	Unattached		4:56.00
5	Braydne Huynh	13	Unattached		5:27.00
5	Jude Wilt	14	Unattached (TN)		5:35.00
6	Chas Brewer	15	Gear Running Club (AL)		NT

5:00pm: Open Women's Mile

1	Flannery Musk	26	Unattached	4:57.00
2	Sommer Herner	18	UMKC	4:57.00
3	Keira Weems	23	Nashville Running Company	5:02.00
4	Taylor Cosey	18	Unattached (TN)	5:12.00
5	Whitney Elliott	24	Unattached (TN)	5:17.00
6	Emma Williams		WV Flyers	5:20.57
7	Kylie Wittman	18	Unattached (TN)	5:20.69
8	Anne Marie Braese	15	AYA (TN)	5:22.00
9	Emma Troischt		WV Flyers	5:34.00
10	Katherine Heckman	18	Brentwood TC	5:35.00
11	Lindsey Holiday	15	Unattached (WY)	5:35.00
12	Lauren Anne Smith	16	Mississippi Distance	5:40.00
13	Tazanna Epps		WV Flyers	6:00.00
Pacer				
P1	TBD			2:26.0 800m

5:15pm: Open Men's Mile

1	John Minen	30	Run Boulder AC	4:11.50
2	Roger Reyes	19		4:23.22
3	Noah Cochran	20	Unattached (TN)	4:25.00
4	William Pinson	15	Unattached	4:25.00
5	Preston Ruth	18	Unattached (TN)	4:25.15
6	Jack Williams	16	Unattached (AR)	4:25.40
7	Bradley Turner	19	Arlington, TN (Arlington HS)	4:25.82c
8	Reuben Reina	16	Unattached (AR)	4:26.22c
9	Alex Ponce	18	Unattached	4:28.00
10	Zak Sakacs	22	Runners Empire	4:28.31
11	Jackson Danner	16	Rocket City Running	4:29.00
12	Dawson Mann	17	Tough Track (MB)	4:29.00
13	Jonah Bird	19	Unattached (TN)	4:29.20
14	Eric Scharton	16	Unattached (NM)	4:29.12
15	George Payne	17	Talon TC	4:30.00
16	William Swecker		Lake Hamilton TC	4:31.10
	Preston Birks	SCR	Unattached	4:31.17
17	Andrew Cox		Unattached	4:32.00

Heat 2

1	Jack Gray	18	Unattached	4:32.72
2	Nathan Worley	17	Unattached	4:33.00
3	Grant Thompson		Brentwood TC	4:33.47
4	Golden Coachman	34	Unattached	4:35.00
5	Benjamin Steber	17	Rocket City Running	4:35.00
6	John Romanos		Unattached (AL)	4:35.10
7	Wilkes Howes		Mobile, AL (St Paul's Episcopal HS)	4:36.00
8	Hall Griffith	15	Unattached (TN)	4:36.94
9	Barry Phillips	24	Unattached	4:37.00
10	Stone Norris	18	Unattached	4:37.34
11	Steven McCartney	14	Unattached	4:37.84
12	Cohen Williams	16	Unattached (TN – Hillsboro HS)	4:38.00
13	Connor Henson	15	Unattached (TN)	4:38.00
14	Jake Arnold	16	Unattached (TN)	4:38.17
15	Caden Tegethoff	17	Unattached (SD)	4:38.80
16	Jacon Kachodorian	17	Rocket City Running	4:40.00

17	Christian Woller	18	Unattached (TN)	4:40.00
18	Jacob Starace	18	Rocket City Running	4:40.75
19	Antony Ni	16	Shackle Island TC	4:42.00
Heat 3				
1	Jackson Nguyen	17	Rocket City Running	4:44.00
2	Cayden Durrough	16	Talon TC	4:44.90
3	Andrew Cross	16	Unattached	4:45.00
4	Thomas Aldag	17	Rocket City Running	4:46.00
5	Bailey Wade	14	Rocket City Running	4:49.97
6	Ryan Cross	18	Unattached	4:52.00
7	Canon Campbell	16	Shackle Island TC	4:53.00
8	Zimran Raziq	16	Rocket City Running	4:56.00
9	Matthew Morris	16	Rocket City Running	4:56.00
10	Jackson Lee	16	Rocket City Running	4:57.00
11	Andrew Ni	16	Shackle Island TC	4:57.00
12	Whit Rhodes	16	Gymtek Academy	5:00.00
13	Zumri Kuhn	16	Unattached	5:01.61
14	Caiden Mendiola	15	Unattached	5:01.85
15	Haskell Murray	38	Nashville Harriers	5:02.00
16	Andrew Wisniewski	37	Nashville Harriers	5:06.00
17	Charlie Simon	42	Unattached	5:10.00
18	Jeremy Neff		Unattached	5:15.00
19	Terrence Mosby	16	Unattached (TN)	5:25.00
Pacers				
P1	Brandon Smith			2:04 800m
P2	TBD			2:15 800m
P3	TBD			2:25 800m

5:50pm: Kids 400m Steeplechase

1	Grey Kirkpatrick	M 7	Unattached	NT
2	Angelina Alder	F 4	Unattached (NC)	NT
3	Ben Milner	M 7	Unattached	NT
5	Maxwell Hartmann	M 8	Unattached	NT
6	Oliver Hartmann	M 10	Unattached	NT

ELITE SECTION

6:00pm: NATIONAL ANTHEM: MEGAN CONNER

6:05pm | HS Girls' 800m (Entry standard: 2:17.00) – 1 Heat: Maximum of 8 runners (2 alternates)

U.S. Record: 1:59.51 Mary Cain (Bronxville HS, NY) 2013

National Lead: 2:06.13 Morgan Foster (Chandler HS, AZ) 3/7 Phoenix, AZ

Meet Record: 2:00.87 Caitlyn Collier (Bolles HS, FL) – U.S #3 A-T

TN State Record: 2:09.2h Tonya Wells (Melrose HS) 1978

NB Nationals: 2:11.90 | Emerging Elite: 2:14.70

				<u>PB</u>	<u>SB</u>	
1	Bailey Goggans 	21	Meadowlakes, TX (Marble Falls HS)	2:06.10i ('19)	2:06.10i /2:07.39 (#6)	1056
2	Morgan Foster	19	Chandler, AZ (Chandler HS)	2:06.13 ('19)	2:06.13 (#2)	1055
3	Taylor James	21	Niwot, CO (Niwot HS)	2:07.12 ('19)	2:07.12 (#4)	1038
4	Brynne Sumner (Villanova)	19	Woodstock, GA (Woodstock HS)	2:07.77 ('19)	2:09.39i/ 2:07.77 (#8)	1026
5	Jinah Mickens-Malik	21	Hialeah, FL (Mater Academy Charter HS)	2:08.05 ('17)	2:08.47 (#14)	
6	Ani Henderson (Georgia)	19	Marietta, GA (Marietta HS)	2:09.41 ('18)	2:10.10	989
7	Tracy Towns (Illinois)		Winnipeg, MB (Shaftesbury HS)	2:10.16 ('18)	(1:34.46i)	955
8	Lea Hatcher	22	Morgantown, WV (St Francis Catholic)	2:11.07 ('19)	2:11.07	973
9	Lilly Lavier	20	Alamosa, CO (Alamosa HS)	2:12.18 ('19)	2:12.18A (2:11.43c)	955

B Heat

1	Reagan Mahoney	20	Atlanta, GA (Atlanta International Sch.)	2:13.30 ('19)	2:13.30	
2	Kennedy Morris	21	Marietta, GA (Marietta HS)	2:13.57 ('19)	2:13.57	
3	Loral Winn	19	Dresden, TN (Dresden HS)	2:12.17 ('18)	2:14.77	
4	Felicity Bost		Germantown, TN (Houston HS)	2:16.23i ('19)	2:16.23i/2:18.69	
5	Harper Russell	19	Rogersville, TN (Cherokee HS)	2:16.70 ('19)	2:16.70	
6	Kelli Holliday	19	Ten Sleep, WY (Ten Sleep HS)	2:16.84 ('18)	2:20.98A	
7	Hannah Burkhardt	20	Knoxville, TN (Knoxville West HS)	2:18.15i ('19)	2:18.15i	
8	Maggie Medley	19	Hendersonville, TN (Beech HS)	2:19.38 ('19)	2:19.38	
9	Haley Salsbury	20	Oak Ridge, LA (Riverfield Academy)	2:19.65 ('19)	2:19.65	
10	Amanda Schwartz	20	Fort Lauderdale, FL (Pine Crest HS)	2:17.84 ('18)	2:21.59	

ENTRY STANDARD (2:18.80)

PACE

P1	Hannah Chappell-Dick	59.5
P2	TBD	63.0

6:15pm | HS Boys' 800m (Entry standard: 1:56.00) – 1 Heat: Maximum of 8 runners (2 alternates)

U.S. Record: 1:46.45 Michael Granville (Bell Gardens HS, CA) 1996

Meet Record: 1:49.31 Tre'tez Kinnaird (Butler HS, KY) 2012

TN State Record: 1:47.67 Carlton Orange (Memphis University School) 2015

NB Nationals: 1:52.80 | Emerging Elite: 1:55.00

1	Gabriel Robinson	21	Brentwood, TN (Ravenwood HS)	1:53.33 ('19)	1:53.33
2	Alex Kay (Tenn.)	19	Ocala, FL (Vanguard HS)	1:52.24 ('18)	1:53.54
3	Nick Cedi	19	Huntsville, AL (Huntsville HS)	1:55.15 ('19)	1:55.15
4	Jack Kenkel	20	Niwot, CO (Niwot HS)	1:55.43 ('19)	1:55.43
5	Gram Denning	19	Birmingham, AL (Mountain Brook HS)	1:55.59 ('17)	1:55.86
6	Alec Collado	19	Miami, FL (Coral Park HS)	1:55.95 ('17)	1:55.95
7	Andre Brown	19	Memphis, TN (Whitehaven HS)	1:56.04i ('19)	1:56.04i
8	Carter Cheeseman (Notre Dame)	19	Keller, TX (Fort Worth Christian HS)	1:57.81 ('19)	(4:11.59c)
ENTRY STANDARD (1:56.00)					

Pace

P1	Trevon Saunders	54.0 400m
P2		56.0 400m

6:25pm | Women's 800m (3 heats: 24 runners)

2020 Olympics: 1:59.50

2019 World Champs: 2:00.60 | Those with standard are **bolded**

U.S Champs: 2:03.00 (32)

U.S High School Record: 1:59.51 Mary Cain (Bronxville HS, NY) Eugene, OR 6/1/13

U.S Record: 1:55.61 Aje Wilson (Adidas) 2017

WORLD LEAD: 1:54.98 Caster Semenya (RSA) 5/3 Doha, QAT

U.S Lead: 1:58.83 Aje Wilson (Adidas) 5/3 Doha, QAT

TN Soil, Facility & Meet Record: 1:59.78 Molly Ludlow (Saucony) 2015

PRIZE PURSE: \$750 | \$300 | \$150 + \$250 MR Bonus

					PB	'18 Out SB	'19 SB	IAAF Pts
A1 Heat								
A1	Athing Mu 		06.08.02	Trenton TC	2:03.98i ('19)	2:04.51	(1:23.57i)	1202
A2	Jenna Westaway 		06.19.94	CANADA	1:59.87i ('19)	2:01.61	1:59.87i/2:05.25	1165
B2	Emily Richards ('18 1 st) 		07.21.95	Hoka NJNYTC	2:00.62 ('17)	2:00.67	2:02.92i/2:04.50	1150
A3	Agnes Abu ('18 3 rd) 		05.01.92	GHANA	2:00.77 ('18)	2:00.77	2:01.86	1149
B3	Madeline Kopp 		04.04.95	District TC	2:00.88 ('18)	2:00.88	2:03.20	1147
A4	Sammy Watson		11.10.99	Adidas	2:00.65 ('17)	2:01.46	2:06.89i	1136
B4	Madeleine Kelly		1995	Univ. Toronto TC	2:02.92 ('18)	2:02.92	(2:37.79i)/2:03.38	1133
A5	Meghan Manley*		06.03.93	HOKA NJNYTC	2:01.73 ('18)	2:01.73	-	1133
B5	Sage Hurta		06.23.98	Unattached	2:03.46 ('19)	2:04.43	2:03.46/ 4:09.37	1131
A6	Alena Brooks		11.14.91	TRINIDAD & TOBAGO	2:01.81 ('18)	2:01.81	2:04.82	1130
B6	Dana Mecke		09.20.87	Unattached	2:00.76 ('15)	2:02.41	2:05.89A	1120
A7	Skylyn Webb		01.25.95	UCCS	2:02.47 ('18)	2:02.47	2:03.46i/2:04.70	1118
B7	Alexa Efraimson		02.20.97	Nike	2:00.95 ('17)	2:02.73	-	1114
A8	Cecilia Barowski		12.07.92	HOKA NJNYTC	2:00.90 ('17)	2:02.76	2:03.74i	1113
B8	Ashley Taylor		05.12.95	Under Armour	2:02.99 ('18)	2:02.99	2:04.35	1109
Heat 2								
1	Alethia Marrero		05.13.95	Garden State TC	2:02.67 ('15)	2:03.08	1:29.43i/ 2:03.04	1108
2	Kenyetta Iyevbele		08.22.92	Hoka NJNYTC	2:01.68 ('17)	2:04.11	2:04.46	1081
3	Annette Melcher		04.18.92	Air Force WCAP	2:02.32 ('15)	-	2:04.52	1083
4	Megan Malasarte		08.01.92	Atlanta TC	2:02.06 ('13)	Injured	2:04.52i/2:07.66	1083
5	Olga Kosichenko			NB Central Park TC	2:02.92i ('18)	-	(1:28.80i)/2:05.95	1080
6	Priscila Morales		08.05.96	PUERTO RICO	2:04.90 ('18)	2:04.90	2:05.67	1076
7	Maddie McHugh			Unattached	2:05.23 ('17)	2:05.54	2:05.90	1065
8	Shea Collinsworth		02.18.95	Nike	2:01.51 ('17)	-	2:05.62	1064
Heat 3								
1	Brenna Detra			Boston A.A	2:06.01i ('19)	-	2:06.01i	1057

2	Jordan Anderson		Unattached	2:06.05 ('18)	2:06.05	2:06.65	1057
3	Addy Townsend		Unattached	2:06.37 ('18)	2:06.36	2:10.12i	1051
4	Caitie Faust		Unattached	2:06.70 ('18)	2:06.70	2:08.86	1045
5	Jessica Teal		Saucony Freedom TC	2:07.17i ('17)	2:08.94	2:07.63i	1030
6	Sydnee Over		03.01.95 Unattached	2:04.92 ('15)	-	2:07.74	1028
7	Jenna Smith		Speed River TC	2:08.36 ('19)	2:13.25	2:08.36	1017
8	Jamie Phelan (2017 NCAA 1500m Champ)		09.02.95 Unattached	2:04.15 ('17)	2:09.25	2:13.48	1003

ENTRY STANDARD 2:08.50 (1:31.70 600m)

Pacing							
HA1	Riley White		Unattached	57.5			
HA2	Abbie Vogeler		Unattached	57.5			
H2	Lindsay Putman		Unattached	58.5			
H3	Hannah Chappell-Dick		Unattached	60.0			

7:00pm | Men's 3000m Steeplechase | Maximum of 18 runners. If more than 24 runners are confirmed, top 14 seeds will run in fastest heat; all others in slower heat.

2020 Olympics: 8:22.00

IAAF World Champs: 8:29.00

U.S Champs: 8:40.00 (26)

WORLD LEAD: 8:07.22 Soufiane El Bakkali (MOROCCO) 5/3 Doha, QAT

U.S Lead: 8:08.41 Hillary Bor (U.S. Army) 5/3 Doha, QAT

TN Soil Record: 8:21.48 Jim Svenoy (UTEP/NORWAY) 1995

Meet & Facility Record: 8:26.08 Ben Bruce (Adidas) 2012

PRIZE PURSE: \$750 | \$250 | \$150 + \$250 MR Bonus + \$250 TSR Bonus

					PB	'18 SB	'19 SB	IAAF Pts
1	Max Stevens 		11.16.94	AUSTRALIA	8:29.48 ('19)	8:39.30	8:29.48	
2	Jamaine Coleman 		09.22.95	Furman Elite	8:31.91 ('18)	8:31.91	-	
3	Brian Barraza 		05.16.95	Adidas	8:32.48 ('17)	8:40.25	8:33.03	
4	Michael Jordan		05.21.91	U.S. Army	8:30.86 ('17)	(8:03.93i)	8:38.76	
5	Mark Parrish		12.02.91	Unattached	8:35.56 ('16)	8:55.37	8:44.56	
6	Ricardo Estremera		03.11.86	PUERTO RICO	8:37.92 ('16)	8:46.24	8:44.94	
7	Ryan McInerney		08.13.94	Unattached	8:47.29 ('18)	8:47.29	8:58.00	
8	Alvaro Abreu Martinez		07.21.90	DOMINICAN REPUBLIC	8:48.35 ('15)	8:50.45	8:55.29	
9	Jackson Saylor		05.05.95	Unattached	8:45.39 ('19)	8:46.65	8:45.39	
10	Victor Ortiz Rivera		06.30.98	PUERTO RICO	8:45.51 ('16)	8:59.87	8:54.80	
11	Ryan Bugler		01.20.95	ASICS-GTC Elite	8:57.71 ('18)	8:57.71	-	
12	John Prizzi			Battle Road TC	8:42.20 ('14)	8:57.46	9:00.03	
13	Victor Pataky		04.11.94	ASICS-GTC Elite	9:03.87 ('16)	-	9:15.81	
14	Matthew Bromley			Unattached	9:01.31 ('17)	-	9:03.91	
15	Wesley Robinson			Unattached	9:06.02 ('18)	9:06.02	9:11.70	
16	Andrew Benkovsky		04.26.93	Red Cedar RC	9:04.84 ('17)	9:18.48	9:07.23	
Pace								
P	Craig Nowak, Troy Reeder				8:26.00 pace		8:35.07	

7:00pm | Women's 3000m Steeplechase | Maximum of 18 runners. If more than 24 runners are confirmed, top 14 seeds will run in fastest heat; all others in slower heat.

2020 Olympics: 9:30.00

IAAF World Champs: 9:40.00 (45)

U.S Champs: 9:50.00 (26)

WORLD LEAD: 9:39.4h Fancy Kipkoech (KEN) 3/21 Nairobi, KEN

U.S Lead: 9:52.71 Hannah Steelman (Wofford) 4/5 Jacksonville, FL

Facility, Meet & TN Soil Record: 9:34.76 Nicole Bush (New Balance) 2014

PRIZE PURSE: \$750 | \$250 | \$150 + \$250 MR Bonus

					PB	'18 SB	'19 SB	IAAF Pts
1	Rosie Clarke 		11.17.91	GREAT BRITAIN	9:32.08 ('18)	9:32.08	(34:37)	1163
2	Emily Oren 		09.20.93	Gazelle Elite	9:40.65 ('17)	9:44.75 (# 7 US)	15:37.47	1132
3	Rosie Donegan		07.01.93	Battle Road TC	9:46.83 ('18)	9:46.83	10:03.51	1127
4	Jamie Morrissey		09.14.95	HOKA NJNYTC	DEBUT	4:11.48 1500	(4:32.84i)	1115
5	Katy Kunc		10.18.95	HOKA NJNYTC	9:55.59 ('17)	9:55.76	10:15.79	1105
6	Breanna Sieracki 		08.05.95	Team USA Minn.	9:56.83 ('17)		9:59.33	1097
7	Susan Tanui		03.28.87	U.S. Army	9:58.45 ('18)	9:58.45	-	1099
8	Annie Rodenfels			Unattached (Centre)	9:58.83 ('19)	10:15.75	9:58.83	1098
9	Katelyn Ayers		02.09.95	Speed River TC	10:00.09 ('19)	10:00.78	10:00.09	1095
10	Sarah Berger		07.15.95	Unattached	10:06.10 ('18)	10:06.10 ('18)	10:06.31	1080
11	Kira Garry		03.04.93	HOKA NJNYTC	9:58.18 ('17)	10:07.36	(4:46.12i)	1077
12	Alex Burkhart		01.28.96	Roots Running Project	10:09.79 ('18)	10:09.79	10:10.48	1072
13	Alesha Vovk		02.01.96	Unattached	10:15.06 ('18)	10:15.06	10:16.05	1059
14	Christine Thorn			Roots Running Project	10:17.79 ('19)	10:27.68	10:17.79	1053
15	Alicia Douglas (née Nelson)		10.20.90	Unattached	9:48.91 ('14)	(16:06.74 5K)	10:25.10	1037
16	Hailey Gollnick			Unattached	10:24.99 ('18)	10:24.99	10:41.91	1036
17	Carmen Graves		01.27.91	Unattached	9:47.28 ('14)	4:29.78 1500	(9:27.86i)	1014
18	Stella Christoforou		03.02.92	CYPRUS	10:40.79 ('11)	-	-	
19	Cecilia Howes (age 16)			Winnipeg Optimist AC				

Pace

P Probably no pacer

7:50pm | HS Girls' 1 Mile (Entry Standard: 5:12.00) Two Heats | Top 12 in "A" race

U.S. Record: 4:28.25i Mary Cain (Bronxville HS, NY) 2013

National Lead: 4:38.19 Tori Starcher (Ripley, WV) 4/27 Philadelphia, PA6

Meet & State Record: 4:45.63 Rebecca Story (Christian Academy of Knoxville, TN) 2017

NB Nationals: 4:55.00 | Emerging Elite: 5:01.00

				<u>PB</u>	<u>SB</u>	<u>Alt.</u> <u>Con.</u>
Heat 1						
1	Valerie Lastra	20	Hialeah, FL (Mater Academy)	4:48.71c ('19)	4:48.71c	FL #1
2	Jenna Hutchens	22	Johnson City, TN (Science Hill HS)	4:51.87 ('19)	4:51.87	TN #1
3	Parker Valby	20	Tarpon Springs, FL (East Lake HS)	4:52.28c ('19)	4:52.28c	FL #2
4	Beth Donnelly	20	Brentwood, TN (Brentwood HS)	4:50.45c ('18)	4:52.41	TN#2
5	Carmen Alder	21	Southern Pines, NC (Pinecrest HS)	4:53.84 ('19)	4:53.84	NC #1
6	Emma Wilson (Illinois)	19	Greencastle, IN (Greencastle HS)	4:52.50c ('18)	4:54.33c	
7	Alyssa Hendrix	20	Riverview, FL (Riverview HS)	4:55.21c ('18)	4:55.32c	FL #4
8	Keely Jones	19	Highlands Ranch, CO (Valor Christian)	4:55.48 ('19)	4:55.48	
9	Niki Narayani (Vanderbilt)	19	Knoxville, TN (Webb School)	4:56.18 ('19)	4:56.18	
10	Rylee Pustilnik	20	Delray Beach, FL (Spanish River HS)	4:59.40c ('19)	4:57.67c	
11	Sofia Rutherford	22	Brentwood, TN (Brentwood HS)	4:59.19c ('19)	4:59.19c	
12	Jordan Shapiro	20	Miami, FL (Palmetto HS)	5:00.20c ('19)	5:00.20c	
13	McKenzie Hogue (Samford)	19	Alabaster, AL (Thompson HS)	5:00.07c ('18)	5:00.31c	
B Heat						
1	Leigh Walters	21	Franklin, TN (Fred J. Page HS)	5:01.39c ('19)	5:01.39c	
2	Anna Banovac	21	Brentwood, TN (Brentwood HS)	5:03.44c ('19)	5:03.44c	
3	Athena Young	20	Morgantown, WV (Morgantown HS)	5:03.56c ('19)	5:03.56c	
4	Zoe Shetty	20	Morgantown, WV (University HS)	5:04.91i ('19)	5:04.91i	
5	Sophie Spada	20	Charlotte, NC (Charlotte Country Day Sch.)	5:07.66c ('19)	5:07.66c	
6	Abby Weitenback	19	Huntsville, AL (Huntsville HS)	5:08.96c ('19)	5:08.96c	
7	Mollie Longmire (Lipscomb)	19	Andersonville, TN (Anderson Co HS)	5:09.63c ('19)	5:09.63c	
8	Allison Newman	21	Germantown, TN (St Georges Indep.)	5:10.74c ('19)	5:10.74c	
9	Skyler Boogerd	19	Atoka, TN (Arlington HS)	5:04.90 ('18)	5:11.16	
10	Emily Little	20	Atlanta, GA (Marist HS)	5:11.33c ('19)	5:11.33c	
11	Sarah McCartney	20	Lawrenceville, GA (Archer HS)	5:12.83c ('19)	5:12.83c	
12	Francesca Cetta [pron: chetta]	20	Bethesda, MD (Holton Arms School)	5:13.50c ('19)	5:13.50c	
13	Kathryn Vradenburgh	19	Chattanooga, TN (CSTHEA Patriots HS)	5:14.25c	5:14.25c	
14	Kylie Poole	19	Albuquerque, NM (Hope Christian HS)	5:15.84 ('19)	5:15.84	
Pace						
P1	Hannah Chappell-Dick			71.0/lap (2:22 800m/2:57.5 1000m)		
P2	TBD			74.0/lap (2:28 800m/3:05.0 1000m)		

8:15pm | HS Boys' 1 Mile (Entry Standard: 4:24.00) Two Heats | Top 12 in "A" race

U.S. Record: 3:53.43 Alan Webb (South Lakes HS, VA) 2001

U.S Lead: 4:07.84 Nathan Green (Borah HS, ID) 5/3 Portland, OR

(Indoors: 4:06.39i Jake Renfree (Knoxville Catholic HS, TN)

Freshman Record: 4:09.38 Eli Krahn (Stillwater HS, MN) 2013

Sophomore Record: 4:03.29 Edward Cheserek (St Benedicts, NJ) 2011

4:12.22 Cole Johnson (Rockford HS, MI) 2015

Meet & TN State Record: 4:01.76 Brodey Hasty (Brentwood HS, TN) 2017

NB Nationals: 4:13.50 | Emerging Elite: 4:20.00

Heat 1

1	Jake Renfree (Notre Dame) 	19	Knoxville, TN (Knoxville Catholic HS)	4:06.39i ('19)	4:06.39i
2	Cole Sprout 	20	Highlands Ranch, CO (Valor Christian HS)	4:06.68i ('19)	4:06.68i
3	Charles Hicks (Stanford)	19	Jacksonville, FL (Bolles HS)	4:08.82c ('19)	4:08.82c
4	Cruz Culpepper 	20	Niwot, CO (Niwot HS)	4:09.97i ('19)	4:09.97i
5	Sam Gilman (Air Force)	19	Hilton Head, SC (Hilton Head SC)	4:10.37i ('19)	4:10.37i
6	Alex Maier (Oklahoma St)	19	Flower Mound, TX (Flower Mound HS)	4:10.86c ('19)	4:10.86c
7	Cole Bullock (Ole Miss)	19	Chattanooga, TN (Red Bank HS)	4:11.58c ('19)	4:11.58c
8	Davis Bove (LSU)	19	Franklin, TN (Centennial HS)	4:11.83i ('19)	4:11.83i
9	Alex Fleury	20	N. Andover, MA (Phillips Andover Acad.)	4:15.31i ('19)	(3:55.61)
10	Yasin Sado	20	Denver, CO (Denver West HS)	4:13.57i ('19)	4:13.57i
11	Myles Collins	20	Lawrenceville, GA (Archer HS)	4:14.73c ('19)	4:14.73c
12	Jeb Jones (Samford)	19	Johnson City, TN (Science Hill HS)	4:14.79c ('19)	4:14.79c
13	Sully Shelton	21	Kennesaw, GA (Harrison HS)	4:15.40	4:15.40
14	David Ahlmeyer (Furman)	19	Hendersonville, TN (Beech HS)	4:15.41c ('19)	4:15.41c
15	Silas Winders	20	Mansfield, TN (Henry Co HS)	4:15.53c ('19)	4:15.53c
16	Graham Blanks	20	Athens, GA (Athens Academy)	4:15.69i ('19)	4:15.69i

Heat 2

1	Carson Williams	20	Raleigh, NC (Cardinal Gibbons HS)	4:17.70c ('19)	4:17.70c
2	Canaan Anderson	20	Murfreesboro, TN (Siegel HS)	4:19.74c ('19)	4:19.74c
3	Aaron Withrow	19	Winfield, WV (Winfield HS)	4:18.42 ('19)	4:18.42
4	Kamari Miller	21	Marietta, GA (Marietta HS)	4:18.56c ('19)	4:18.56c
5	Ethan Strand	21	Birmingham, AL (Vestavia Hills HS)	4:20.13c ('19)	4:20.13c
6	Nick Ceci	19	Huntsville, AL (Huntsville HS)	4:21.47c ('19)	4:21.47c
7	Jack Kenkel	20	Niwot, CO (Niwot HS)	4:27.93c ('19)	4:21.98c (4:27.93 4990')
8	Gabe Robinson	21	Brentwood, TN (Ravenwood HS)	4:22.00c ('19)	4:22.00c
9	Kashon Harrison	19	Kirtland, NM (Kirtland Central HS)	4:22.03c ('19)	4:22.03c
10	Sam Bass	20	Oklahoma City, OK (Casady HS)	4:22.20c ('19)	4:22.20c
11	Elias Sandifer (Lee)	19	Brentwood, TN (Brentwood HS)	4:17.50 ('18)	4:22.40i
12	Chase Faudi	20	Chattanooga, TN (CSTHEA Patriots HS)	4:22.86c ('19)	4:22.86c
13	Lowell Hengsen	19	Raleigh, NC (Cardinal Gibbons HS)	4:23.33c ('19)	4:23.33c

14	Jackson Williams	20	Arlington, TN (Arlington HS)	4:23.84i ('19)	4:23.84i
ENTRY STANDARD (4:24.00)					
PACE					
H1	Will Crocker		Unattached	3:00.00	1200m
H2	Robert Downs		Unattached	62.5/lap 2:05 thru' 800	2:36.35 thru' 1000

8:30pm | Men's 1500m | Two Heats - Slow to Fast

2020 Olympics: 3:35.00

World Champs: 3:36.00 | Those with standard are **bolded**

U.S Champs: 3:39.00 (30)

WORLD LEAD: 3:32.21 Elijah Manangoi (KEN) 5/3 Doha, QAT

U.S Lead: 3:37.59 Clayton Murphy (Nike Oregon Project) 5/2 Palo Alto, CA

TN Soil Record: 3:34.92 Steve Scott (Sub 4 TC) 1982

Facility Record: 3:39.77 Neil Gourley (VT Elite/GREAT BRITAIN) 2018

Meet Record: 3:39.77 Neil Gourley (VT Elite/GREAT BRITAIN) 2018

PRIZE PURSE: \$1500 | \$750 | \$250 + \$250 TSR Bonus

					<u>PB</u>	<u>'18 Out SB</u>	<u>'19 SB</u>	<u>IAAF Pts</u>
Heat 1								
1	Andrés Arroyo 		06.07.95	PUERTO RICO	3:41.95 ('17)	3:43.60	1:44.96 /3:42.80	1175
2	Rob Napolitano 		11.03.94	HOKA NJNYTC	3:38.03 ('18)	3:38.03	(3:54.28i)	1133
3	Jeremy Hernandez			HOKA NJNYTC	3:43.56 ('16)	3:45.45	(3:55.66i)	1128
4	Graham Crawford (2) 		12.29.92	HOKA NJNYTC	3:37.08 ('16)	3:38.67	(7:50.98i)	1124
5	Tripp Hurt 		10.30.92	Unattached	3:45.47 ('15)	3:56.02	(7:53.85i)	1124
6	Alfredo Santana		04.08.91	Garden State TC	3:39.17 ('18)	3:39.17	3:48.04/4:04.60i	1118
7	Cory Bellemore		12.01.94	CANADA	3:40.10 ('18)	3:40.10	(4:00.06i)	1105
8	James Randon		06.16.94	Saucony Freedom TC	3:37.93 ('17)	-	3:42.35/ (3:58.07i)	1098
9	Jake Edwards 		04.27.88	Columbus Running Co	3:41.82 ('15)	(3:58.26)	3:43.43	1096
10	Nick Harris			Unattached	3:41.79 ('18)	3:41.79	3:45.19/ 3:58.55i	1092
11	Will Leer 		04.15.85	NYAC/Under Armour	3:34.26 ('14)	-	(7:54.01i)	1091
12	Chad Noelle		04.12.93	Asics	3:38.35 ('15)	3:41.28	3:46.07	1089
13	Ben Malone		11.13.94	HOKA NJNYTC	3:39.82 ('18)	3:41.32	3:43.00/ (3:58.90i)	1088
14	Jacob Dumford			District TC	3:42.04 ('18)	3:42.04	3:42.75	1079
Heat 2								
1	Jack Sheffar		1996	Western Ontario	3:50.76i ('19)	-	(3:50.97)/ (7:56.76i)	1075
2	Craig Lautenslager		03.30.93	Unattached	3:46.91 ('17)	3:55.45	3:48.48/(13:44.53)	1052
3	Sam Vincent		02.11.92	Tough Track	3:44.17 ('18)	3:44.17	3:50.81i/8:04.33i	1051
4	Cameron Proceviat		09.20.93	Coastal TC	3:44.22 ('18)	3:44.22	3:46.66	
5	Julius Bor		01.23.86	U.S. Army	3:41.11 ('10)	3:48.37	3:45.29	1037
6	Erick Estrada		11.26.91	PUERTO RICO	3:46.01 ('18)	3:46.01	3:46.19	1027
7	Avery Martin			ASICS-GTC Elite	3:45.40 ('17)	3:57.60	3:51.69/ 4:04.42	1021
8	James Quattlebaum			Unattached (SC)	3:49.14 ('18)	3:49.14	3:51.68/ 4:05.36	1010
9	Mikey Brannigan		11.12.96	NYAC	3:44.39 ('17)	3:47.71	4:12.0h Rd	1005

10	Kyle Levermore			3:47.76 ('18)	3:47.76	3:49.96	1005
11	Daniel Castle		CSTC Elite	3:40.16 ('16)	-	3:47.93	
12	Welsey Meyer		12.16.97 Olivet Nazarene	3:48.90 ('18)	3:48.90	3:51.60	
13	Oisín O'Gailín (Ah-Sheen O'Gal-een)		UT-Martin	3:50.20 ('19)		3:50.20	974
14	Ares Epps				3:50.35	3:50.35	972
15	Bryan Hester		09.11.94 Unattached	3:51.73 ('19)	3:52.50	3:51.73	
16	Carlos Vilches		10.29.01 PUERTO RICO			3:51.93	952
17	Jouhan Febus		PUERTO RICO			3:52.00	
Pace							
A	TBD			2:23.75 1000m (57.5 /lap)		3:35.63 pace	
B	TBD			2:26.00 1000m (58.4/lap)		3:39.00 pace	

8:45pm | Women's 1500m | Two Heats | Three Heats – Slow to Fast

2020 Olympics: 4:04.20

World Champs: 4:06.50 (4:25.20) | Those with standard are **bolded**

U.S Champs: 4:11.00 (30)

WORLD Lead: 4:06.98 Ajee Wilson (Adidas) 4/20 Princeton, NJ

U.S Lead: 4:06.98 Ajee Wilson (Adidas) 4/20 Princeton, NJ

TN Soil Record: 4:03.37 Mary Decker-Tabb (Athletics West) 1982

Facility & Meet Record: 4:05.69 Marta Pen Freitas (PORTUGAL) 2018

						<u>PB</u>	<u>'18 Out SB</u>	<u>'19 SB</u>	<u>IAAF Pts</u>	
Heat 1										
1	Emma Coburn (3K SC)				10.19.90	New Balance	4:05.10('15)	S/C Only	4:14.39i	1217 (3KSC '18)
2	Aisha Praught-Leer				12.14.89	Under Armour	4:04.95i ('18)	S/C Only	4:15.16i	1208 (3KSC '18)
3	Helen Schlachtenhaufen				1994	Saucony Freedom TC	4:06.04 ('18)	4:06.04	(4:28.81i)	1157
4	Cory McGee				05.29.92	New Balance	4:06.26 ('18)	4:06.26	(4:26.79i)	1156
5	Shannon Osika				06.15.93	Nike	4:06.17 ('17)	4:06.92	(4:25.71i)	1151
6	Ce'Aira Brown				10.23.94	HOKA NJNYTC	4:07.68 ('19)	4:09.44	4:07.68	1145
7	Lauren Johnson				05.04.87	Boston AA	4:04.17 ('15)	4:08.21	-	1140
	Dana Giordano		SCR		12.30.93	Boston AA	4:08.62 ('18)	4:08.62	(4:34.29i)	1137
	Danielle Aragon		SCR		07.01.94	HOKA NJNYTC	4:09.03 ('18)	4:09.03	4:09.17	1134
8	Lucia Stafford				08.17.98	Univ. of Toronto TC	4:09.17 ('18)	4:09.17	(2:47.03i)	1133
9	Hanna Green				10.16.94	Nike OTC	4:09.33 ('19)	4:23.96	4:09.33	1132

10	Katrina Coogan		11.15.93	New Balance Boston	4:11.12 ('19)	4:12.07	4:11.12	1118
11	Heather Kampf 		01.19.87	ASICS	4:04.46 ('16)	Injured	(8:56.87i)	1116
Heat 2								
1	Lauren Paquette		06.27.86	Unattached	4:09.86 ('09)	4:14.36	(4:41.15i)	1147* (3K '18)
2	Stephanie Garcia		05.03.88	New Balance	4:04.63 ('17)	4:10.12	4:21.31	1126*
	Lianne Farber SCR		06.12.92	New Balance Boston	4:11.63 ('17)	injured	4:11.63	1114
3	Courtney Hufsmith		1998	SFTC	4:11.83 ('18)	4:11.83	(9:08.47i)	1112
4	Kim Conley 		03.14.86	New Balance	4:07.17 ('13)	-	(15:28.52)	1108
5	Sarah Lancaster			Unattached	4:12.86c ('19)	4:24.28	4:12.86c	1104
6	Katie Rainsberger		08.18.98	Unattached	4:09.08 ('17)	4:21.38	4:15.86	1096 (3Ki '19)
7	Sarah Eckel		05.27.99	AUSTRALIA	4:14.11 ('18)	4:14.11	(2:10.74)	1095
8	Stephanie Schappert		04.25.93	HOKA NJNYTC	4:09.41 ('16)	4:16.84	(4:33.90i)	1091
9	Tori Gerlach		06.02.94	Reebok Boston TC	4:14.86 ('18)	4:14.86	-	1089
10	Carina Gillespie			Air Force WCAP	4:14.96 ('18)	4:14.96	4:21.86	1088
11	Maddie Alm		01.09.93	Unattached	4:13.80 ('17)	4:15.06	(4:39.49i)	1087
12	Elly Henes		10.13.98	Unattached	4:18.76 ('18)	4:18.76	(4:38.75i)	1084 (3Ki '19)
13	Angelin Figueroa		07.14.94	PUERTO RICO	4:15.63 ('18)	4:15.63	4:18.34	1083
Heat 3								
1	Natalie Cizmas			Unattached	4:16.83 ('18)	4:16.83	(4:41.77i)	1074
2	Ashley Stinson		11.20.93	Nomad DP	4:11.27 ('17)	4:16.96	(4:36.77i)	1073
3	Elizabeth Whelan		10.05.93	Univ of Toronto TC	4:15.20 ('15)	4:17.80	-	1067
4	Victoria Starcher (HS)			WV Flyers (HS)	4:21.91+i ('19)	-	(4:38.19)	1061
5	Dominique Clairmonte		02.06.98	NC State	4:18.67 ('19)	-	4:18.67	1060
6	Stephanie Herrick		08.13.87	CPTC New Balance	4:18.68 ('18)	4:18.68	4:26.84	1060
7	Abbey Cooper 		05.25.92	New Balance	4:08.04 ('15)	Injured	(4:38.48i)	1059
8	Johanna Schulz		09.25.94	GERMANY	4:20.28 ('19)	-	4:20.28	1048
9	Abigail Halbrook			Army/West Point	4:23.22 ('19)	4:26.30	4:23.22	1026
10	Josephine Thestrup		11.25.96	Butler	4:21.66 ('14)	4:24.21	4:23.34	1025
11	Sammy George			Oiselle/Raleigh Dist Prjct	4:16.46 ('15)	4:30.49	4:23.62	1023
12	Carey Celata		04.24.94	Unattached	4:25.77 ('19)	4:33.50	4:25.77	1007
13	Addi Coggins		10.18.98	Unattached (FSU)			4:28.54	
14	Tricia Terry		02.11.91	Team Green Running	4:21.91 ('14)		4:29.41	981
15	Meggie Sullivan			CPTC New Balance	4:25.49 ('16)	-	4:29.53	980
16	Shannon Morton		07.10.93	Atlanta TC	4:13.29 ('14)	-	-	-
Pace								
A	Rose-Anne Galligan				2:10.00 800m (65.0/lap) – 4:03.75 pace			

B	Dana Mecke		2:12.00 800m (66.0/lap) – 4:07.50 pace
C	Kat Lazarchick		2:14.00 800m (67.0/lap) – 4:11.25 pace

9:00pm | Men's 4 x 800m Relay

World Record: 7:02.43 KENYA (Joseph Mwengi, William Yiampoy, Ismael Kombich, Wilfred Bungei) Brussels, BEL 8/25/06 (1:45.61 Ave.)

U.S Record: 7:02.92 USA (Jebreh Harris, Khadevis Robinson, Sam Burley, David Krummenacker) Brussels, BEL 8/25/06 (1:45.73 Av.)

U.S Club Record: 7:06.5h Santa Monica TC (James Robinson, David Mack, Earl Jones, Johnny Gray) Walnut, CA 4/6/86 (1:46.63 Av.)

		NR Elig.?	Roster	Sum of PBs	Sum of SBs
1	District TC	No	Alex Amankwah (GHA) – 1:44.80 Edose Ibadin (NGR) – 1:45.69 Quamel Prince – 1:46.30 Charles Jones – 1:46.70 Jacob Dumford - 1:49.29	7:03.49	
2	Atlanta TC		Ed Kemboi (KEN) – 1:44.70 Brandon Lasater -1:45.85 Abraham Alvarado – 1:46.63 Dylan Capwell, - 1:46.70i	7:03.88	
3	Hoka NJNYTC		Jesse Garn - 1:45.04 Ryan Manahan – 1:46.87 Robert Ford - 1:46.43 Chris Giesting - 1:46.48i	7:04.90	
4	Boston A.A.		Sam Ellison - 1:46.13i Christian Harrison - 1:46.69 Mike Marsella - 1:49.53 Connor Reck – 1:50.94	7:12.03	

ALL-TIME 4 x 800 LIST

1	7:02.43	Kenya	1	Bruxelles	25.08.2006
		Joseph Mutua Mwengi	(1:46.73)	10.12.78	KEN
		William Yiamпой	(1:44.38)	17.05.74	KEN
		Ismael Kombich	(1:44.92)	16.10.85	KEN
		Wilfred Bungei	(1:45.40)	24.07.80	KEN
2	7:02.82	Santa Monica Track Club	2	Bruxelles	25.08.2006
		Jebreh Harris	(1:47.05)	22.09.78	USA
		Khadevis Robinson	(1:44.03)	19.07.76	USA
		Sam Burley	(1:46.05)	13.02.81	USA
		David Krummyacker	(1:45.69)	24.05.75	USA
3	7:03.89	Great Britain & N.I.	1	London	30.08.1982
		Peter Elliott	(1:49.14)	09.10.62	GBR
		Garry Cook	(1:46.20)	10.01.58	GBR
		Steve Cram	(1:44.54)	14.10.60	GBR
		Sebastian Coe	(1:44.01)	29.09.56	GBR
4	7:04.70	Republic of South Africa	1	Stuttgart	06.06.1999
		Gideon van Oudtshoorn	(1:46.9)	23.09.76	RSA
		Hezekiel Sepeng	(1:45.2)	30.06.74	RSA
		Jurgens Kotzé	(1:48.3)	11.04.73	RSA
		Johan Botha	(1:44.3)	10.01.74	RSA
5	7:04.84	United States	1	Nassau	02.05.2015
		Duane Solomon	(1:47.60)	28.12.84	USA
		Eric Sowinski	(1:44.75)	21.12.89	USA
		Casimir Loxsom	(1:45.59)	17.03.91	USA
		Robby Andrews	(1:46.90)	29.03.91	USA
6	7:04.89	St. Patrick's School	2	Stuttgart	06.06.1999
		David Kiptoo Singoei	(1:46.4)	26.06.65	KEN
		Joseph Tengelei	(1:48.2)	08.12.70	KEN
		William Chirchir	(1:45.7)	06.02.79	KEN
		Japheth Kimutai	(1:44.6)	20.12.78	KEN
7	7:06.12	Benelux	3	Bruxelles	25.08.2006
		Bram Som	(1:44.91)	20.02.80	NED
		David Fiegen	(1:47.25)	03.09.84	LUX
		Arnoud Okken	(1:46.12)	20.04.82	NED
		Thomas Matthys	(1:47.84)	04.09.85	BEL
8	7:06.5	Santa Monica Track Club	1	Walnut	26.04.1986
		James Robinson	(1:49.8)	27.08.54	USA
		David Mack	(1:46.7)	30.05.61	USA
		Earl Jones	(1:45.2)	17.07.64	USA
		Johnny Gray	(1:44.8)	19.06.60	USA
9	7:06.66	Qatar	4	Bruxelles	25.08.2006
		Majid Saeed Sultan	(1:45.81)	03.11.86	QAT
		Salem Amer Al-Badri	(1:46.71)	12.12.85	QAT
		Abdulrahman Suleiman	(1:45.89)	10.01.84	QAT
		Ali Abubaker Kamal	(1:48.25)	08.11.83	QAT

10	7:07.1A	Kericho	1	Nairobi	07.03.2014 KEN KEN KEN KEN
		Abraham Kiplagat		09.08.84	
11	7:07.40	Soviet Union	1	Moskva	05.08.1984
		Leonid Masunov		05.05.62	UKR
		Aleksandr Kostyetskiy		14.01.60	RUS
		Vasiliiy Matveyev		04.02.64	RUS
		Viktor Kalinkin		23.02.60	RUS
12	7:08.0'	Chicago Track Club	1	Durham	12.05.1973
		Tom Bach	(1:50.5y)	25.09.49	USA
		Ken Sparks	(1:47.1y)	25.01.45	USA
		Lowell Paul	(1:48.0y)	03.03.44	USA
		Rick Wohlhuter	(1:44.8y)	23.12.48	USA