

Dr. Sander Invitational/Columbia Challenge 2019

Final Schedule

*****Fastest heat/top flight will go last*****

Thursday, January 24

Multis

Time:	Gender:	Event:
5:30 PM	W	Pentathlon (60H, HJ, SP, LJ, 800)
5:45 PM	M	Heptathlon (60, LJ, SP, HJ)

Friday, January 25

Track Events

Time:	Gender:	Event:	Type:	Minutes:	Heats:
11:15 AM	M	60 Hurdles	Hep	0:10	4
1:30 PM	W	60 Dash	Heats	0:15	5
1:45 PM	M	60 Dash	Heats	0:20	4
2:05 PM	W	60 Hurdles	Heats	0:15	5
2:20 PM	M	60 Hurdles	Heats	0:15	3
2:35 PM	W	DMR		0:15	1
2:50 PM	M	DMR		0:10	1
3:00 PM	M	1000	Hep	0:05	1
3:05 PM	M	60 Hurdles	Final	0:10	1
3:15 PM	W	60 Hurdles	Final	0:10	1
3:25 PM	W	60 Dash	Final	0:10	1
3:35 PM	M	60 Dash	Final	0:10	1

Friday, January 25

Field Events

Time:	Gender:	Event:	Type:		
12:00 PM	M	Pole vault	Hep		
12:30 PM	W	Shot put			
12:30 PM	M	Long Jump			
2:00 PM	W	Pole vault			
2:30 PM	W	Long Jump			
2:30 PM	M	Shot put			

Saturday, January 26

Field Events

Time:	Gender:	Event:	Type:		
10:00 AM	W	Weight throw I			
11:30 AM	Inv M	Shot put			
12:30 PM	W	Weight throw II-III			
2:00 PM	M	Weight throw			
12:05 PM	M	High Jump			
2:00 PM	W	High Jump			
12:05 PM	Inv W	Long Jump			
1:30 PM	M	Triple jump			
1:30 PM	W	Triple Jump			
1:30 PM	M	Pole Vault			

Saturday, January 26

Track Events

Time:	Gender:	Event:	Minutes:	Heats:
10:00 AM	W	3K I	0:11	1
10:11 AM	M	3K I	0:11	1
10:22 AM	W	3K II	0:11	1
10:33 AM	M	3K II	0:10	1
10:43 AM	M	Mile I	0:05	1
10:48 AM	W	800	0:09	3
10:57 AM	M	800	0:05	2
11:02 AM	W	400	0:20	9
11:22 AM	M	400	0:24	11
11:50 AM		Opening Ceremonies		
12:04 PM	W	USA 300	0:04	1
12:08 PM	M	USA 300	0:04	1
12:12 PM	W	College 200	0:03	1
12:15 PM	M	College 200	0:03	1
12:18 PM	W	USA Mile	0:07	1
12:25 PM	W	USA 1000	0:04	1
12:29 PM	M	USA 1000	0:04	1
12:33 PM	W	College 400	0:04	1
12:37 PM	M	College 400	0:04	1
12:41 PM	W	College 800	0:07	2
12:48 PM	M	College 800	0:07	2
12:55 PM	M	CO/Open 3K	0:10	1
1:05 PM	HSG	1000	0:06	1
1:11 PM	HSB	1000	0:05	1
1:16 PM	W	Invitational 3K	0:12	1
1:28 PM	W	World 4x200	0:04	1
1:32 PM	M	World 4x200	0:04	1
1:36 PM	W	USA 600	0:05	1
1:41 PM	M	USA 600	0:05	1
1:46 PM	M	USA 4xMile	0:20	1
2:06 PM	W	200	0:22	13
2:28 PM	M	200	0:20	11
2:48 PM	W	3K III	0:10	1
2:58 PM	M	3K III	0:10	1
3:08 PM	W	Mile I-II	0:12	2
3:20 PM	M	Mile II-III	0:10	2
3:30 PM	W	4x400	0:15	3
3:45 PM	M	4x400	0:18	4
4:03 PM	HSG	4x800	0:12	1
4:15 PM	HSB	4x800	0:11	1

TV Window