40th Annual Cooper River Bridge Run



2017 Press Book





2017 Elite Runner Highlights

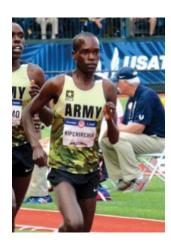
- 2 Olympians
 - Shadrack Kipchirchir represented the U.S.A. at the 2016
 Olympics in the 10k
 - Jen Rhines represented the U.S.A. at the 2000, 2004, and 2008 Games in the 10k, marathon, and 5k
- Two-time (2015 & 2016) defending men's champion Dominic Ondoro
- Defending women's champion Monicah Ngige
- 2014 men's champion Birhan Nebebew
- 2011 New York City Marathon Women's Champion Firehiwot Dado

Male Overall



Bib #1 Dominic Ondoro Kenya, 29

Dominic is the two-time defending CRBR Champion (2015 & 2016). He recently conquered the 2017 Houston Marathon, finishing as the champion with a time of 2:12:05. He also won the 2016 Twin Cities Marathon and 2014 Grandma's Marathon. He clocks a 10k personal best of 28:13, 10 mile personal best of 47:05, and half marathon personal best of 1:01:45.



Bib #3 Shadrack Kipchirchir Colorado Springs, CO, 28

Shadrack is a Kenyan-born American distance runner who represented the U.S. at the 2016 Olympics in the 10k. He placed 2nd at the 2016 U.S. Olympic Trials in the 10k, which earned him a spot on Team USA for the Olympics. He is a graduate of Oklahoma State University and enlisted in the US Army in October of 2015 before joining the U.S. Army World Class Athlete Program.



Bib #4 Birhan Nebebew Ethiopia. 22

Birhan was the champion of the 2014 CRBR. In 2014, he also won the Hy-Vee Road Races 10k. A year later, he became the runner-up at the 2015 SPAR Great Ireland Run 10k. Birhan has a long standing 10k personal best of 27:14.



Bib #5 John Muritu Wanjiku Kenya, 20

John placed 3rd in the 2016 CRBR. He was the 2015 and 2016 Crescent City Classic Champion (youngest ever winner). 2016 was a year of wins for Muritu, finishing as champion of the Great Buffalo Chase and Trolley Run. He has a 10k personal best of 28:02.



Bib #7 Edwin Rotich

Kenya, 28

Edwin was the runner-up at the 2017 Doha Festival 10k. He was the champion of the 2016 Corrida dos Reis 10k and 2015 Rio de Janeiro Half Marathon. He has a 10k personal best of 27:28, 10 mile personal best of 47:00, and half marathon personal best of 59:32.



Bib #6 Isaac Mukundi

Kenya, 29

Issac recently finished 6th place at the 2017 World's Best 10k. In 2016, he won Wharf to Wharf, Bolder Boulder, and Bay to Breakers. His 10k personal best is 27:45 and half marathon personal best is 1:02:26.



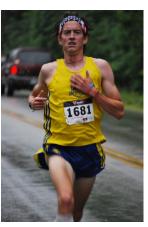
Bib #8 Kirubel Erassa Atlanta, GA, 23

A graduate of Oklahoma State University, Kirubel recently finished 6th at the U.S. 15k Championships. He competed at the 2016 U.S. Olympic Trials in the 5k and finished 4th at the 2016 U.S. 5k Road Race Championships. Kirubel has a 10k personal best of 28:50 and 5k personal best of 13:27. He competes for the Atlanta Track Club Elite.



Bib #9 Jon Grey Louisville, CO, 29

A College of William and Mary graduate, Jon competes for Adidas and Boulder Track Club. He was the 2011 USATF Club Cross Country Champion and 2015 runner-up. Additionally, he competed at the 2016 U.S. Olympic Marathon Trials and the 2016 U.S. Olympic Trials in the 10k. He recently finished 7th at the 2017 U.S. 15k Championships. His 10k personal best time is 27:59, 5k personal best is 13:37, and half marathon personal best is 1:02:25



Bib #10 Tim Ritchie New Haven, CT, 29

Tim, a Boston College graduate, competed at the 2016 U.S. Olympic Marathon Trials and placed 23rd at the 2016 World Half Marathon Championships. He finished 3rd at the 2016 U.S. 10 Mile Championships. In 2015, he was the Philadelphia Half Marathon Champion. Ritchie has a 10k personal best of 28:26, 5k personal best of 13:38, and half marathon personal best of 1:01:23. He currently competes for Saucony.



Bib #11 Ben Payne Colorado Springs, CO, 35

Ben competed in the 2016 U.S. Olympic Marathon Trials. A graduate of the Air Force Academy, he now competes for Pikes Peak Elite Track Club. Ben finished 9th at the 2016 New York City Marathon and was runner-up at the 2015 Peachtree Road Race. He has personal bests of 28:36 for 10k and 1:03:10 for a half marathon.



Bib #22 Tsegaye Getachew Ethiopia, 20

Tsegaye was runner-up at the 2016 CRBR. He also won the Philadelphia Half Marathon and Fairfield Half Marathon in 2016. He has personal bests of 28:04 for 10k and 1:03:54 for a half marathon.

Male Masters



Bib #32 Christopher Kipyego

Kenya, 42

Christopher was the runner-up at the 2016 Detroit Marathon. Recently, he ran 1:06:44 for a half marathon. In 2012, he was the champion of the Twin Cities Marathon. He has a 10-mile personal best of 48:15 and half marathon personal best is 1:03:15.



Bib #34 Eric Ashton Columbia, SC, 49

Eric is a four-time South Carolina Masters Runner of the Year and fifteen-time South Carolina Long Distance Runner of the Year. He has completed multiple sub 15:00 5ks and sub 31:00 10ks. Eric has a time of 1:07 at a past Governors Cup Half Marathon. He also qualified and participated in the Olympic Trials of 1996.



Bib #35 Orinthal "OJ" Striggles Columbia, SC, 41

Long-time runner and graduate of Benedict College, OJ was the 2004 and 2009 USATF South Carolina Long Distance Runner of the Year. He recently ran 16:35 at the Charleston Turkey Day Run 5k and has a 10k personal best time of 31:36.



Bib #37 Karl Walsh Mt. Pleasant, SC 41

In 2010, Karl finished 1:12:23 placing 4th Overall Male at the local Kiawah Half Marathon. Walsh placed 3rd in his age group at the 2014 CRBR. He has a 5k personal best of 15:20, 10K personal best of 32:11, and half marathon personal best of 1:11:09.

Male Grandmasters



Ric Banning Altamonte Springs, Florida, 64

Ric Banning was Central Florida's first finisher in the 1988 Boston Marathon. In 1993, he finished 1st in the Washington's Birthday Marathon. He has participated in multiple CRBR races over the years.



John Piggott Williamsburg, Virginia, 51

John has spent years in the running community. He was a track and cross country coach at his high school alma mater. He has finished as the top Hampton Roads finisher three times and as the top master the last two years. He remarkably completed six marathons in a 36-day stretch. He has won a total of 10 marathons. John won the grandmasters division at last year's CRBR.

Female Overall



Bib #F1 Monicah Ngige

Kenya, 23

Monicah is the defending CRBR champion. She a;sp placed 3rd in the 2015 CRBR. Recently, she finished 7th at the 2017 World's Best 10k. She won a total of six races in 2016. Her 10k personal best is 31:58.



Bib #F2 Firehiwot Dado Ethiopia, 33

Firehiwot was the 2011 New York City Marathon Champion and 2014 Prague International Marathon Champion. She impressively had three consecutive victories (2009-2011) at the Rome City Marathon. In 2010, she was the Fifth Third River Bank Run Champion (breaking Joan Samuelson's 1986 course record). Her 10k personal best is 31:48, marathon personal best is 2:23:15, and half marathon personal best is 1:08:35.



Bib #F3 Mamitu Daska Ethiopia, 33

Mamitu is a two-time Silver Medalist at the World Cross Country Championships and runner-up at the 2017 World's Best 10k with a time of 31:59. She was also the Frankfurt Marathon Champion of 2011 and 2016. In 2011 she won the Houston Marathon. In 2010 she was the Dubai Marathon Champion. Previously, she won the following American races: BAA Half Marathon, BAA 10k, Bay to Breakers, Boilermaker Road Race, Bolder Boulder, Cherry Blossom 10 miler, Falmouth Road Road, Freihofer's Run for Women, Houston Half Marathon, Lilac Bloomsday Run, NYRR Mini 10k, and Peachtree Road Race.



Bib #F4 Elvin Kibet

Kenya, 27

Elvin, a University of Arizona graduate, recently placed 8th at the U.S. 15k Championships. She was the 2016 Rock 'n' Roll Las Vegas Half Marathon Champion and Rock 'n' Roll Denver Half Marathon Champion. Her 10k personal best is 32:40, 5k personal best is 15:36, and half marathon personal best is 1:11:37. Currently, she competes for the American Distance Project and is married to 2016 U.S. 10k Olympian Shadrack Kipchirchir.



Bib #F5 Amy Van Alstine Flagstaff, AZ, 29

Amy graduated from Richmond University. She was the U.S. Cross Country Champion in 2014 and runner-up at the U.S. Cross Country Championships in 2016. She placed 12th at the 2015 Cooper River Bridge Run (2nd American). Her 10k personal best is 32:51. She now competes for the Hoka One One Northern Arizona (NAZ) Elite.



Bib #F6 Kaitlin Goodman Providence, RI, 30

Kaitlin is a graduate of the University of California Davis. She competed in the 5k, 10k, and marathon at the 2016 U.S. Olympic Trials. Her 10k personal best is 32:09. She competes for the Strava Track Club and is currently pursuing a Master of Public Health at Brown University.



Bib # F8 Etaferahu Temesgen Ethiopia. 27

Etaferahu was runner-up at last year's CRBR. She finished 7th at the 2015 CRBR. In 2016, Etaferahu won the Pittsburgh Half Marathon. She has a 10k personal best of 32:50 and a half marathon personal best of 1:10:56.



Bib #F9 Katie Matthews Brighton, MA, 26

Katie is a Boston University graduate now competing for the Boston Athletic Association high performance team. In 2016, she finished 6th at the U.S. 15k Championships and 8th at the U.S. Half Marathon Championships. Her 10k personal best is 32:32.



Bib #F11 Becky Wade Louisville, CO, 28

Becky is a Rice University graduate. She competed at the 2016 U.S. Olympic Trials in the 3k steeplechase. Becky has a 10k personal best of 32:32.



Bib #F15 G<u>race</u> Wambui Nganga

Kenya, 27 🎫

Grace finished 4th at the 2016 CRBR. She also won the Kentucky Derby Festival Half Marathon and Rock the Parkway Half Marathon in 2016. She has a personal bests of 33:24 for 10k and 1:12:09 for a half marathon.

Female Masters



Bib #F10 Jen Rhines Boston, MA, 42

Jen is a Villanova University graduate and one of the most decorated female distance runners in American history. She is a three-time Olympian (2000, 2004, and 2008) and five-time World Championships Qualifier. She currently holds the American Masters record in the 10k and 12k. In college, she won five NCAA titles. She has a 10k personal best of 31:17. Jen now competes for the Boston Athletic Association high performance team.



Bib #F24 Michelle Krueger Jacksonville, FL, 41

Michelle, an Episcopal School of Jacksonville teacher, has a 10k personal best time of 35:40. She recently ran 18:18 for a 5k.



Bib #F23 Kim Mueller Wilmington, NC, 40

Mueller is the owner of Fuel Factor Nutrition Coaching, co-founder of INFINIT Nutrition and author of "The Athlete's Guide to Sports Supplements". She was the champion of the 2015 Falmouth Road Race Masters division. Her 10k personal best is 36:39 and she recently ran 18:24 for 5k. Mueller is also a former IRONMAN competitor.

Female Grandmasters



Lisa Tolley Seneca, SC, 50

Lisa has completed nearly 200 races and close to 3,000 miles. She ran a 10k time of 42:20 at the Reedy River Run. At the 2012 CRBR, she placed second in her age group. In 2015, she ran a sub 7 minute mile pace for the Myrtle Beach Half Marathon, finishing with a time of 1:31:40.

Female Senior Grandmasters

Dian Ford Piedmont, SC, 62

Ford, a Clemson Alum, set a South Carolina age group state record in the 10k at the Reedy River Run with a time of 45:11. She currently holds 16 state records. She was voted USATF SC long distance runner of the year multiple times.

THE 39th ANNUAL COOPER RIVER BRIDGE RUN RESULTS April 2, 2016 Official Finishers

Overall Men

Dominic Ondoro	Kenya	\$10,000	29:01
Tsegaye Getachew	Ethiopia	\$3,000	29:01
John Muritu Wanjiku	Kenya	\$1,500	29:04
Geoffrey Kenisi	Kenya	\$1,000	29:17
Hilary Too	Kenya	\$800	29:20
Mourad Marofit	Morocco	\$600	29:28
Pius Nyantika	Kenya	\$500	29:33
Josphat Kiptanui Too	Kenya	\$400	29:41
Eliud Ngetich	Kenya	\$300	29:51
Tolossa Gedefa	Ethiopia	\$250	29:54

Overall Women

Monicah Wanjuhi Ngige	Kenya	\$10,000	32:57
Etaferahu Temesgen	Ethiopia	\$3,000	33:03
Etaferahu Habtewold	Ethiopia	\$1,500	33:07
Grace Wambui Nganga	Kenya	\$1,000	33:24
Susan Jerotich	Kenya	\$800	33:39
Janet Cherobon- Bawcom	Flagstaff, AZ	\$600	33:51
Lindsey Scherf	San Jose, CA	\$500	34:06
Demse Tewabech	Ethiopia	\$400	34:39
Mary Wangui	Kenya	\$300	34:53
Lauren Goss	Boulder, CO	\$200	36:47

Top U.S.A. Finishers Men

Bobby Mack	Raleigh, NC	\$3,000	30:23
Ty McCormack	Orlando, FL	\$2,000	31:24
Jesse McEntire	Charlotte, NC	\$1,000	34:33

Top U.S.A. Finishers Women

Janet Cherobon- Bawcom	Flagstaff, AZ	\$3,000	33:51
Lindsey Scherf	San Jose, CA	\$2,000	34:06
Lauren Goss	Boulder, CO	\$1,000	36:47

Masters Men

Meshack Kirwa	Kenya	\$1,500	30:08
Joel Limo	Kenya	\$1,000	33:26
Christopher Shaw	Silver Spring, MD	\$750	34:09
Eric Ashton	Columbia, SC	\$500	34:17
Paul Jones	Apex, NC	\$250	34:41

Masters Women

Liubov Denisova	Russia	\$1,500	37:24
Svetlana Vinogradova Pretot	France	\$1,000	38:07
Denisa Costescu	Romania	\$750	39:42
Catherine Hollister	Mt. Pleasant, SC	\$500	42:10
Laura Mitchell	Asheville, NC	\$250	42:59

Grandmasters Men

John Piggott	Williamsburg, VA	\$750	37:33
Gary Bolduc	Ridgeville, SC	\$500	37:55
Marc Embler	Charleston, SC	\$250	37:57

Grandmasters Women

Kerry Robinson	Meggett, SC	\$750	42:13
Susi Smith	Greenville, SC	\$500	42:49
Sharryn Whitmore	Mt. Pleasant, SC	\$250	44:30

Marcus Newberry Award Men

Mackenzie Johnston Charlesto	on, SC \$500	33:56
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Marcus Newberry Award Women

Caitlin Batten	Charleston, SC	\$500	37:41

Wheelchair Overall Male

James Senbeta	Savoy, IL	25:31
	Wheelchair Overall Female	
	Mobility Impaired Male	

Mobility Impaired Female

Goose Creek, SC

52:56

Jeff Nolan

Joanne Famularo	St. Augustine, FL	1:32:48
0 0 0111110 1 011111011	,	

All-Time Top 20 Performances

Male Open

- 1 James Koskei Kenya 27:40 2000
- 2 Joseph Kimani Kenya 27:49 1995
- 3 Reuben Cheruiyot Kenya 27:50 2000
- 4 Joseph Kimani Kenya 27:54 2000
- 5 Paul Koech Kenya 27:57 1997
- 6 Felix Limo Kenya 27:58 2000
- 7 Philip Kirui Kenya 28:03 2000
- 8 John Itati Kenya 28:06 2002
- 8 Simon Ndirangu 28:06 2013
- 9 Tom Nyariki Kenya 28:11 2002
- 10 Tom Nyariki Kenya 28:12 1997
- 11 Francis Mbui Kenya 28:13 1995
- 12 Luke Kipkosgie Kenya 28:13 2004
- 13 Khalid Khannouchi Morocco 28:14 1997
- 14 Dejene Berhanu Ethiopia 28:14 2002
- 15 Linus Mayo Kenya 28:14 2004
- 16 Abraham Chebii Kenya 28:16 2006
- 17 Dominic Kirui Kenya 28:20 2000
- 18 Simon Chemoiywo Kenya 28:21 1995
- 19 Ondoro Osoro Kenya 28:23 1995

Male Masters

- 1 Simon Karori 29:13 2000
- 2 Simon Karori 29:21 2001
- 3 Eddy Hellebuyck 29:23 2002
- 4 Gennady Temnikov 29:29 2002
- 5 Andrew Masai 29:44 2001
- 6 Andrew Masai 29:50 2002
- 7 Nick Rose 29:52 1992
- 8 Andrey Kuznetsov 29:56 2002
- 9 David Chawane 30:03 2000
- 10 Nick Rose 30:04 1994
- 11 Meshack Kirwa 30:08 2016
- 12 Antoni Niemczak 30:14 1996
- 13 Nick Rose 30:21 1993
- 14 Simon Karori 30:21 2002
- 15 Paul Mbugua 30:24 2002
- 16 John Tuttle 30:27 1999
- 17 Meshack Kirwa 30:29 2015
- 18 John Campbell 30:33 1991
- 19 Wilson Waigwa 30:33 1995
- 20 John Tuttle 30:40 2000

Female Open

- 1 Elana Meyer South Africa 31:19 1997
- 2 Liz McColgan Scotland 31:41 1996
- 3 Catherine Ndereba Kenya 31:42 2000
- 4 Catherine Ndereba Kenya 31:48 1996
- 5 Sally Barsosio Kenya 31:52 1997
- 6 Catherine Ndereba Kenya 31:53 2002
- 7 Sally Barsosio Kenya 31:54 2000
- 8 Liz McColgan Scotland 31:58 1997
- 9 Rehima Kedir Ethiopia 32:05 2007
- 10 Ejegayehu Dibaba Ethiopia 32:07 2002
- 11 Colleen De Reuck South Africa 32:09 2000
- 12 Amane Gobena Ethiopia 32:12 2007
- 13 Azmera Gebru Ethiopia 32:14 2014
- 14 Cythnia Limo Kenya 32:18 2015
- 14 Hiwott Ayalew Ethiopia 32:18 2013
- 16 Ogla Kimaiyo Kenya 32:20 2013
- 16 Etalemhu Habtewold Ethiopia 32:20 2014
- 18 Amane Gobena Ethiopia 32:25 2009
- 19 Sally Barsosio Kenya 32:28 2004
- 19 Ruti Aga, Ethiopia 32:28 2015

Female Masters

- 1 Sylvia Mosqueda 33:30 2007
- 2 Tatiana Pozdnyakova 33:49 1999
- 3 Lyubov Kremleva 34:04 2002
- 4 Lyubov Kremleva 34:07 2003
- 5 Lyubov Kremleva 34:08 2007
- 6 Tatiana Pozdnyakova 34:22
- 7 Anzhelika Averkova 34:39 2012
- 8 Anzhelika Averkova 34:48 2011
- 8 Elena Viazova 34:48 2001
- 10 Tatyana Pozdnyakova 34:55 2004
- 11 Ramilia Burangulova 34:56 2007
- 12 Ilona Barvanova 35:00 2013
- 13 Ramilia Burangulova 35:06 2011
- 14 Tatiana Pozdnyakova 35:09 1998
- 15 Sabrina Robinson 35:11 2001
- 15 Lyubov Kremleva 35:11 2004
- 17 Irina Bondarchouk 35:13 1995
- 18 Tatiana Pozdnyakova 35:16 2006
- 19 Lyubov Kremleva 35:18 2006
- 20 Maureen de St. Croix 35:19 1996

Past winners

Males

1978 Benji Durden 30:22 1979 Avery Goode 32:22 1980 Kim Burke/Steve Littlejohn(tie) 31:26 1981 Marc Embler 30:54 1982 Mark Donahue 30:28 1983 David Branch 29:28 1984 David Branch 29:25 1985 Mike O'Reilly 29:28 1986 Hans Koleman 29:29 1987 Paul Cummings 30:19 1988 Ashley Johnson 29:56 1989 Ashley Johnson 29:48 1990 Sam Obwacha 29:20 1991 Jeff Cannada 29:38 1992 Dominic Kirui 28:24 1993 Paul Bitok 28:31 1994 Simon Karori 28:35 1995 Joseph Kimani 27:49 1996 Joseph Kamau 28:32 1997 Paul Koech 27:57 1998 Tom Nvariki 29:59 1999 Lazarus Nyakeraka 28:40 2000 James Koskei 27:40 2001 James Koskei 28:45 2002 John Itati K 28:06 2003 Tom Nyariki 28:57 2004 Luke Kipkosgie 28:13 2005 Linus Maiyo 29:30 2006 Abraham Chebii 28:16 2007 Richard Kiplagat 28:35 2008 Robert Letting 28:47 2009 Tilahun Regassa 28:24 2010 Simon Ndirangu 27:40 2011 Lelisa Desisa 28:59 2012 Solomon Deksisa 29:37 2013 Simon Ndirangu 28:06 2014 Birhan Nebebew 28:39 2015 Dominic Ondoro 29:22

2016 Dominic Ondoro 29:01

Males Masters

1978 Bill Wooley 36:44 1979 Jones 38:35 1980 Ed Ledford 37:06 1981 Ed Ledford 36:36 1982 Ed Ledford 36:06 1983 Ed Ledford 36:43 1984 Bill Voight 35:48 1985 Don Coffman 32:27 1986 Tom Dooley 33:19 1987 Richard Weeks 34:43 1988 Mike Hurd 31:32 1989 Bob Schlau 32:30 1990 Earl Owens 31:26 1991 John Campbell 30:33 1992 Nick Rose 29:52 1993 Nick Rose 30:21 1994 Nick Rose 30:04 1995 Wilson Waigwa 30:33 1996 Antoni Niemczak 30:14 1997 Antoni Niemczak 31:11 1998 Keith Anderson 31:04 1999 John Tuttle 30:27 2000 Simon Karori 29:13 2001 Simon Karori 29:21 2002 Eddy Hellebuyck 29:23 2003 Andrew Masai 30:49 2004 Dennis Simonaitis 31:14 2005 Paul Aufdemberge 31:32 2006 Albert Okemwa 31:20 2007 Sean Wade 31:11 2008 Sean Wade 31:11 2009 Elarbi Khattabi 2010 Nikolay Kerimov 30:55 2011 Mbarak Hussein 31:35 2012 Viacheslav Shabunin 31:47

2013 Malcolm Campbell 31:01

2016 Meshack Kirwa 30:08

2014 Ian Forsyth 32:07

2015 Meshack Kirwa 30:29

Females

1978 Lisa Lorrain 39:39 1979 Marty Long 40:10 1980 Michelle Moore 41:29 1981 Kiki Sweigart 35:10 1982 Sallie Driggers 37:21 1983 Mary Copeland 38:09 1984 Brenda Webb 34:09 1985 Christina Boxer 34:08 1986 Leslie Welch 33:37 1987 Mary Ellen McGowan 34:41 1988 Carla Borovicka 34:38 1989 Greta Waitz 33:29 1990 Shelly Steely 32:57 1991 Kim Bird 34:49 1992 Jill Hunter 32:34 1993 Sabrina Dornhoeffer 33:53 1994 Elaine Van Blunk 34:01 1995 Laura LaMena-Coll 33:58 1996 Liz McColgan 31:41 1997 Elana Meyer 31:19 1998 Elana Meyer 32:46 1999 Eunice Sagero 33:18 2000 Catherine Ndereba 31:42 2001 Catherine Ndereba 32:33 2002 Catherine Ndereba 31:53 2003 Edna Kiplagat 33:41 2004 Sally Barsosio 32:28 2005 Olga Romanova 34:04 2006 Sally Barsosio 33:35 2007 Rehima Kedir 32:05 2008 Leah Malot 33:22 2009 Amane Gobena 32:25 2010 Masekerem Assefa 32:31 2011 Shewarge Amare 33:06 2012 Janet Cherobon-Bawcom 33:01 2013 Hiwott Ayalew 32:18 2014 Azmera Gebru 32:14

2015 Cynthia Limo 32:18

2016 Monicah Ngige 32:56:53

Female Masters

1978 A. Lipowski 46:12 1979 Glassman 52:04 1980 Pat Rhode 49:53 1981 S. Foster 44:49 1982 Peggy Ledford 42:46 1983 Peggy Ledford 41:44 1984 Cindy Dalrymple 36:57 1985 Peggy Ledford 44:51 1986 Gail Bailey 39:21 1987 Gail Bailey 38:42 1988 Gail Bailey 39:12 1989 Judy Greer 37:38 1990 Judy Greer 37:45 1991 Nancy Grayson 35:39 1992 Nancy Grayson 35:50 1993 Carol McLatchie 35:50

1994 Rebecca Stockdale-Woolley36:32

1995 Irina Bondarchouk 35:13 1996 Maureen de St. Croix 35:19 1997 Maureen de St. Croix 37:31 1998 Tatiana Pozdnyakova 35:09 1999 Tatiana Pozdnyakova 33:49

2000 Marie Boyd 35:25 2001 Elena Viazova 34:48 2002 Lyubov Kremleva 34:04 2003 Lyubov Kremleva 34:07 2004 Tatyana Pozdnyakova 34:55 2005 Tatyana Pozdnyakova 35:34 2006 Tatyana Pozdnyakova 35:16 2007 Sylvia Mosqueda 33:30

2008 Firaya Sultanova-Zhdanova 35:43 2009 Firaya Sultanova-Zhdanova 35:37

2010 Anzhelike Averkova 33:38 2011 Anzhelika Averkova 34:48 2012 Anzhelika Averkova 34:39 2013 Ilona Barvanova 35:00 2014 Lyubov Denisova 37:01 2015 Lyubov Denisova 36: 18 2016 Lyubov Denisova 37:24