



elite/high school/university divisions

april 14, 15 and 16, 2016

**cerritos college falcon stadium
norwalk, california**



WHERE THE WORLD'S BEST ATHLETES COMPETE

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LEGEND

CODE	DEFINITION
B	= Boy's
CO	= Collegiate Open Division
ELITE	= Elite Division
G	= Girl's
HS	= High School Division
M	= Men's
MS	= Masters Division
MUN	= Munchkin Run
PARA	= Paralympics Division
W	= Women's



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT
110	6:00 PM	CO	M	COLLEGIATE OPEN	3,000M STEEPLECHASE
210	6:35 PM	CO	W	COLLEGIATE OPEN	3,000M STEEPLECHASE
120	7:15 PM	CO	M	COLLEGIATE OPEN B	10,000M
220	7:50 PM	CO	W	COLLEGIATE OPEN B	10,000M
222	8:30 PM	ELITE	W	INVITATIONAL	10,000M
122	9:45 PM	ELITE	M	INVITATIONAL	10,000M
121	10:45 PM	CO	M	COLLEGIATE OPEN A	10,000M
221	11:15 PM	CO	W	COLLEGIATE OPEN A	10,000M



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT
514	9:00 AM	MS	M	MASTERS	HAMMER THROW
146	10:30 AM	CO	M	COLLEGIATE OPEN	HAMMER THROW
247	1:00 PM	ELITE	W	INVITATIONAL	HAMMER THROW
147	2:30 PM	ELITE	M	INVITATIONAL	HAMMER THROW
246	4:00 PM	CO	W	COLLEGIATE OPEN	HAMMER THROW
ALL HAMMER THROW COMPETITIONS WILL BE HELD AT THE MT. SAC HAMMER RING 1100 NORTH GRAND AVENUE / WALNUT, CA 91789					



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT
208	10:30 AM	CO	W	COLLEGIATE OPEN	1,500M
108	11:00 AM	CO	M	COLLEGIATE OPEN	1,500M
124	11:40 AM	CO	M	COLLEGIATE OPEN	110M HURDLES
224	12:10 PM	CO	W	COLLEGIATE OPEN	100M HURDLES
228	12:35 PM	CO	W	COLLEGIATE OPEN	4X100M RELAY
128	12:45 PM	CO	M	COLLEGIATE OPEN	4X100M RELAY
204	1:00 PM	CO	W	COLLEGIATE OPEN	400M
104	1:20 PM	CO	M	COLLEGIATE OPEN	400M
200	1:45 PM	CO	W	COLLEGIATE OPEN	100M
100	2:05 PM	CO	M	COLLEGIATE OPEN	100M
206	2:30 PM	CO	W	COLLEGIATE OPEN	800M
106	2:55 PM	CO	M	COLLEGIATE OPEN	800M
226	3:20 PM	CO	W	COLLEGIATE OPEN	400M HURDLES
126	3:40 PM	CO	M	COLLEGIATE OPEN	400M HURDLES
507	3:50 PM	PARA	M	VISUALLY IMPAIRED	200M
202	3:55 PM	CO	W	COLLEGIATE OPEN	200M
102	4:15 PM	CO	M	COLLEGIATE OPEN	200M
508	4:35 PM	PARA	M	AMBULATORY	200M
504	4:40 PM	PARA	W	AMBULATORY	200M
230	4:45 PM	CO	W	COLLEGIATE OPEN	4X400M RELAY
130	5:00 PM	CO	M	COLLEGIATE OPEN	4X400M RELAY
422	5:20 PM	HS	G	INVITATIONAL	4X800M RELAY
322	5:35 PM	HS	B	INVITATIONAL	4X800M RELAY
408	5:47 PM	HS	G	INVITATIONAL	BROOKS H.S. MILE
308	6:02 PM	HS	B	INVITATIONAL	INVITATIONAL MILE
409	6:08 PM	HS	G	INVITATIONAL	3,200M
309	6:22 PM	HS	B	INVITATIONAL	3,200M
209	6:35 PM	ELITE	W	INVITATIONAL	1,500M
109	6:45 PM	ELITE	M	INVITATIONAL	1,500M
113	6:55 PM	ELITE	M	INVITATIONAL	3,000M STEEPLECHASE
213	7:22 PM	ELITE	W	INVITATIONAL	3,000M STEEPLECHASE
215	7:45 PM	ELITE	W	INVITATIONAL	5,000M
115	8:20 PM	ELITE	M	INVITATIONAL	5,000M
526	8:30 PM	HS	M	INVITATIONAL	BROOKS H.S. MILE
425	8:50 PM	HS	G	INVITATIONAL	4X1,600M RELAY
325	9:15 PM	HS	B	INVITATIONAL	4X1,600M RELAY
217	9:35 PM	CO	W	COLLEGIATE OPEN	5,000M
117	10:30 PM	CO	M	COLLEGIATE OPEN	5,000M



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT	LOCATION
236	11:00 AM	CO	W	COLLEGIATE OPEN	POLE VAULT B	NORTH
243	11:30 AM	CO	W	COLLEGIATE OPEN	SHOT PUT	NORTH
139	11:45 AM	CO	M	COLLEGIATE OPEN	LONG JUMP	SOUTH
239	11:45 AM	CO	W	COLLEGIATE OPEN	LONG JUMP	NORTH
145	12:00 PM	CO	M	COLLEGIATE OPEN	DISCUS	MAIN
233	12:00 PM	CO	W	COLLEGIATE OPEN	HIGH JUMP	MAIN
235	1:00 PM	CO	W	COLLEGIATE OPEN	POLE VAULT A	MAIN
136	2:00 PM	CO	M	COLLEGIATE OPEN	POLE VAULT B	NORTH
143	2:00 PM	CO	M	COLLEGIATE OPEN	SHOT PUT	NORTH
133	3:00 PM	CO	M	COLLEGIATE OPEN	HIGH JUMP	MAIN
141	3:00 PM	CO	M	COLLEGIATE OPEN	TRIPLE JUMP	SOUTH
241	3:00 PM	CO	W	COLLEGIATE OPEN	TRIPLE JUMP	NORTH
245	3:30 PM	CO	W	COLLEGIATE OPEN	DISCUS	MAIN
135	4:00 PM	CO	M	COLLEGIATE OPEN	POLE VAULT A	MAIN



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT	
500	9:45 AM	MUN	B&G	KIDS	MUNCHKIN RUN	
429	10:15 AM	HS	G	INVITATIONAL	SHUTTLE HURDLES	
430	10:25 AM	HS	G	SEEDED	SHUTTLE HURDLES	
329	10:35 AM	HS	B	INVITATIONAL	SHUTTLE HURDLES	
330	10:40 AM	HS	B	SEEDED	SHUTTLE HURDLES	
307	10:55 AM	HS	B	SEEDED	800M	
407	11:00 AM	HS	G	SEEDED	800M	
517	11:05 AM	MS	W	MASTERS	800M	
518	11:10 AM	MS	M	MASTERS	800M	
410	11:20 AM	HS	G	INVITATIONAL	100M HURDLES	
411	11:25 AM	HS	G	SEEDED	100M HURDLES	
310	11:35 AM	HS	B	INVITATIONAL	110M HURDLES	
311	11:40 AM	HS	B	SEEDED	110M HURDLES	
502	11:50 AM	SP	M	MASTERS	100M	
519	11:55 AM	SP	W	MASTERS	100M	
412	12:05 PM	HS	G	INVITATIONAL	300M HURDLES	
413	12:10 PM	HS	G	SEEDED	300M HURDLES	
312	12:15 PM	HS	B	INVITATIONAL	300M HURDLES	
313	12:20 PM	HS	B	SEEDED	300M HURDLES	
	12:25 PM	OPENING CEREMONIES				
315	12:40 PM	HS	B	INVITATIONAL	4X100M RELAY	
316	12:44 PM	HS	B	SEEDED	4X100M RELAY	
415	12:53 PM	HS	G	INVITATIONAL	4X100M RELAY	
416	12:57 PM	HS	G	SEEDED	4X100M RELAY	
129	1:10 PM	ELITE	M	INVITATIONAL	4X100M RELAY	
229	1:15 PM	ELITE	W	INVITATIONAL	4X100M RELAY	
524	1:20 PM	CO	M	COLLEGIATE	MILE	
525	1:25 PM	CO	W	COLLEGIATE	MILE	
306	1:35 PM	HS	B	INVITATIONAL	800M	
406	1:39 PM	HS	G	INVITATIONAL	800M	
304	1:44 PM	HS	B	INVITATIONAL	400M	
305	1:48 PM	HS	B	SEEDED	400M	
404	1:52 PM	HS	G	INVITATIONAL	400M	
405	1:56 PM	HS	G	SEEDED	400M	
105	2:00 PM	ELITE	M	INVITATIONAL	400M	
205	2:08 PM	ELITE	W	INVITATIONAL	400M	



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT
300	2:16 PM	HS	B	INVITATIONAL	100M
301	2:21 PM	HS	B	SEEDED	100M
400	2:26 PM	HS	G	INVITATIONAL	100M
401	2:30 PM	HS	G	SEEDED	100M
101	2:36 PM	ELITE	M	INVITATIONAL	100M
201	2:45 PM	ELITE	W	INVITATIONAL	100M
107	2:55 PM	ELITE	M	INVITATIONAL	800M
207	3:05 PM	ELITE	W	INVITATIONAL	800M
225	3:20 PM	ELITE	W	INVITATIONAL	100M HURDLES
125	3:30 PM	ELITE	M	INVITATIONAL	110M HURDLES
326	3:40 PM	HS	B	INVITATIONAL	SPRINT MEDLEY
327	3:45 PM	HS	B	SEEDED	SPRINT MEDLEY
426	3:50 PM	HS	G	INVITATIONAL	SPRINT MEDLEY
427	3:55 PM	HS	G	SEEDED	SPRINT MEDLEY
227	4:05 PM	ELITE	W	INVITATIONAL	400M HURDLES
127	4:15 PM	ELITE	M	INVITATIONAL	400M HURDLES
302	4:25 PM	HS	B	INVITATIONAL	200M
303	4:30 PM	HS	B	SEEDED	200M
402	4:35 PM	HS	G	INVITATIONAL	200M
403	4:40 PM	HS	G	SEEDED	200M
103	4:45 PM	ELITE	M	INVITATIONAL	200M
203	4:50 PM	ELITE	W	INVITATIONAL	200M
505	4:55 PM	PARA	M	PARA VISUALLY IMPAIRED	100M
506	5:00 PM	PARA	M	PARA AMBULATORY	100M
503	5:05 PM	PARA	W	PARA AMBULATORY	100M
231	5:10 PM	ELITE	W	INVITATIONAL	4X400M RELAY
131	5:15 PM	ELITE	M	INVITATIONAL	4X400M RELAY
317	5:20 PM	HS	B	INVITATIONAL	4X200M RELAY
318	5:25 PM	HS	B	SEEDED	4X200M RELAY
417	5:30 PM	HS	G	INVITATIONAL	4X200M RELAY
418	5:35 PM	HS	G	SEEDED	4X200M RELAY
522	5:40 PM	HS	B	SEEDED	4X800M RELAY
523	5:50 PM	HS	G	SEEDED	4X800M RELAY
319	6:05 PM	HS	B	INVITATIONAL	4X400M RELAY
320	6:10 PM	HS	B	SEEDED	4X400M RELAY
419	6:25 PM	HS	G	INVITATIONAL	4X400M RELAY
420	6:30 PM	HS	G	SEEDED	4X400M RELAY
328	6:45 PM	HS	B	INVITATIONAL	DISTANCE MEDLEY
428	7:00 PM	HS	G	INVITATIONAL	DISTANCE MEDLEY
324	7:20 PM	HS	B	SEEDED	4X1,600M RELAY
424	8:10 PM	HS	G	SEEDED	4X1,600M RELAY



WHERE THE WORLD'S BEST ATHLETES COMPETE



EVENT#	TIME	DIVISION	GENDER	SECTION	EVENT	LOCATION	
338	9:00 AM	HS	B	SEEDED	LONG JUMP	SOUTH	
347	9:00 AM	HS	B	SEEDED	DISCUS	MAIN	
438	9:00 AM	HS	G	SEEDED	LONG JUMP	NORTH	
444	9:00 AM	HS	G	SEEDED	SHOT PUT	NORTH	
332	10:00 AM	HS	B	SEEDED	HIGH JUMP	WEST	
432	10:00 AM	HS	G	SEEDED	HIGH JUMP	EAST	
435	10:30 AM	HS	G	SEEDED	POLE VAULT	NORTH	
447	10:30 AM	HS	G	SEEDED	DISCUS	MAIN	
339	11:00 AM	HS	B	INVITATIONAL	LONG JUMP	SOUTH	
436	11:00 AM	HS	G	INVITATIONAL	POLE VAULT	MAIN	
439	11:00 AM	HS	G	INVITATIONAL	LONG JUMP	NORTH	
445	11:00 AM	HS	G	INVITATIONAL	SHOT PUT	NORTH	
448	12:00 PM	HS	G	INVITATIONAL	DISCUS	MAIN	
	12:25 PM	OPENING CEREMONIES					TRACK
134	12:38 PM	ELITE	M	INVITATIONAL	HIGH JUMP	MAIN	
244	1:00 PM	ELITE	W	INVITATIONAL	SHOT PUT	NORTH	
335	1:00 PM	HS	B	SEEDED	POLE VAULT	NORTH	
140	1:30 PM	ELITE	M	INVITATIONAL	LONG JUMP	SOUTH	
238	1:30 PM	ELITE	W	INVITATIONAL	POLE VAULT	MAIN	
240	1:30 PM	ELITE	W	INVITATIONAL	LONG JUMP	NORTH	
248	1:45 PM	ELITE	W	INVITATIONAL	DISCUS	MAIN	
234	2:30 PM	ELITE	W	INVITATIONAL	HIGH JUMP	MAIN	
142	3:00 PM	ELITE	M	INVITATIONAL	TRIPLE JUMP	SOUTH	
144	3:00 PM	ELITE	M	INVITATIONAL	SHOT PUT	NORTH	
242	3:00 PM	ELITE	W	INVITATIONAL	TRIPLE JUMP	NORTH	
138	3:30 PM	ELITE	M	INVITATIONAL	POLE VAULT	MAIN	
148	3:30 PM	ELITE	M	INVITATIONAL	DISCUS	MAIN	
341	4:45 PM	HS	B	SEEDED	TRIPLE JUMP	SOUTH	
441	4:45 PM	HS	G	SEEDED	TRIPLE JUMP	NORTH	
333	5:00 PM	HS	G	INVITATIONAL	HIGH JUMP	EAST	
345	5:00 PM	HS	B	INVITATIONAL	HIGH JUMP	WEST	
433	5:00 PM	HS	B	SEEDED	SHOT PUT	NORTH	
336	5:00 PM	HS	B	INVITATIONAL	POLE VAULT	MAIN	
348	5:00 PM	HS	B	INVITATIONAL	DISCUS	MAIN	
342	6:30 PM	HS	B	INVITATIONAL	TRIPLE JUMP	EAST	
442	6:30 PM	HS	G	INVITATIONAL	TRIPLE JUMP	NORTH	
344	7:00 PM	HS	B	INVITATIONAL	SHOT PUT	NORTH	

UPDATED ON APRIL 13, 2016 @ 10:30 AM



www.mtsacrelays.com



WHERE THE
WORLD'S BEST ATHLETES
COMPETE

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