

2015 UW Indoor Preview - 1/17/2015**Dempsey Indoor, Seattle WA****Performance List****Event 3 Women 60 Meter Dash Prelims**

	Name	School	Seed Time
1	Adler, Kate	Washington	
2	Allen, Claudette	Trinity West	
3	Anderson, Akayla	Portland Sta	
4	Armstead, Krista	Washington	
5	Baldwin, Tasia	Seattle Paci	
6	Bouyer, Kennadi	Washington	
7	Brannan, Kyra	Seattle Paci	
8	Brennan, Christian	Oregon	
9	Brown, Destinee	USC	
10	Budinich, Ericka	Unat - U W	
11	Cantrell, Gabriella	USC	
12	Church, Allie	Oregon State	
13	Crockrell, Tierra	Unattached	
14	D'Arpino, Kerissa	Oregon State	
15	D'Arpino, Venessa	Oregon State	
16	Faulknor, Alexis	USC	
17	Gaither, Tynia	USC	
18	Gayles, Daryth	Stanford	
19	Gonzales, Alessandra (Aly	Seattle U.	
20	Griffey, Princess Joy	Christ Life	
21	Harewood, Maya	Unattached	
22	Hill, Deanna	USC	
23	Horsley, Ashante	Oregon	
24	Houk, Becca	Seattle Paci	
25	Hudson, Renee	Saint Martin	
26	Ivancic, Veronica	Western Wash	
27	Jackson, Cecelia	Portland Sta	
28	jackson, octavia	Unattached	
29	Jacobson, Haley	Washington	
30	Johnson, Alaysha	Oregon	
31	Kianipour, Natasha	Simon Fraser	
32	Kwiatkowski, Marisa	Stanford	
33	Lichter, Madison	Seattle U.	
34	Maus, Katherine	Portland AC	
35	Mitchell, Kishia	Seattle Spee	
36	morrison, skye	Unattached	
37	Nettey, Sabrina	Trinity West	
38	Noble, Stacey	Unattached	
39	Person, Danica	Washington	
40	Peterson, Sierra	Washington	
41	Prandini, Jenna	Oregon	
42	Ratcliff, Jazmin	Portland Sta	
43	Roland, Jaleecia	Washington	
44	Sant, Marybeth	Oregon	
45	Schultz, Lauren	Washington	
46	Settle, Genna	Portland Sta	
47	Shriner, Karrin	Unattached	
48	Simms, Baileh	Portland Sta	

49	Tarbert, Rebecca	Eastern Wash
50	Thomas, Claire	Oregon
51	Todd, Jasmine	Oregon
52	Washington, Ariana	Oregon
53	Webb, Miah	Unattached
54	White, Adia	Portland Sta
55	Williams, Brandi	Unattached
56	Williams, Laurenrain	Unattached
57	Woodruff, Gianna	Washington
58	Woods, Jasmine	Portland Sta

Event 16 Women 200 Meter Dash

	Name	School	Seed Time
1	Akanji, Michelle	Cal St. Stan	
2	Ambus, Jahzelle	Seattle Paci	
3	Baldwin, Tasia	Seattle Paci	
4	Birkenfeld, Carolyn	Washington	
5	Brannan, Kyra	Seattle Paci	
6	Brennan, Christian	Oregon	
7	Brown, Destinee	USC	
8	Cantrell, Gabriella	USC	
9	Chase, Kelsey	Seattle Paci	
10	Church, Allie	Oregon State	
11	Craddock, Ashley	Cal St. Los	
12	Crockrell, Tierra	Unattached	
13	Current, Kendall	Eastern Oreg	
14	D'Arpino, Kerissa	Oregon State	
15	D'Arpino, Venessa	Oregon State	
16	Desch, Chantel	Simon Fraser	
17	Ellis, Kendall	USC	
18	ellis, olivia	Unattached	
19	Foresha, Christine	Kitsap Flier	
20	Gaither, Tynia	USC	
21	Gayles, Gabrielle	Stanford	
22	Harewood, Maya	Unattached	
23	Hill, Deanna	USC	
24	Horsley, Ashante	Oregon	
25	Houk, Becca	Seattle Paci	
26	Johnson, Alaysha	Oregon	
27	Jones, D'Nara	Portland Sta	
28	Jones, Vanessa	USC	
29	Kianipour, Natasha	Simon Fraser	
30	Lichter, Madison	Seattle U.	
31	Lisek, Monique	Simon Fraser	
32	Lombardo, Erika	Eastern Wash	
33	Mitchell, Kishia	Seattle Spee	
34	Mootz, Ahsha	Oregon State	
35	Ndipagbor, Akawkaw	USC	
36	Nettey, Sabrina	Trinity West	
37	Person, Danica	Washington	
38	Pettigrew, Cameron	USC	



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Performance List**Event 16 ... (Women 200 Meter Dash)**

	Name	School	Seed Time
39	Shriner, Karrin	Unattached	
40	Stepter, Jaide	USC	
41	Sullivan, Megan	Eastern Oreg	
42	Tarbert, Rebecca	Eastern Wash	
43	Thomas, Claire	Oregon	
44	Toliver, Rachel	Hawaii	
45	Wallace, Sasha	Oregon	
46	Wear, Robyn	Trinity West	
47	Webb, Miah	Unattached	
48	White, Adia	Portland Sta	
49	Williams, Laurenrain	Unattached	
50	Woods, Jasmine	Portland Sta	

Event 10 Women 400 Meter Dash

	Name	School	Seed Time
1	Akanji, Mercy	Cal St. Stan	
2	Allen, Erin	Washington S	
3	Anderson, Ali	Central Wash	
4	cho, stephanie	Thunderbirds	
5	Cornish, Leiran	Eastern Wash	
6	Crockett, Lauren	Oregon	
7	Crofts, Helen	Valley Royal	
8	Crunkleton-Wilson, Micha	Stanford	
9	D'Agnolo, Lauren	Uvic Track C	
10	Day, Jannessa	Eastern Wash	
11	Desch, Chantel	Simon Fraser	
12	Diggs, Whitney	Portland Sta	
13	Ellis, Kendall	USC	
14	Griffey, Princess Joy	Christ Life	
15	Hammock, Paige	Eastern Wash	
16	Harper, Liz	Washington S	
17	Hellesto, Audrey	Western Oreg	
18	Inderbitzin, Jayna	Central Wash	
19	Jackson, Maya	Auburn Elite	
20	James-Heard, Saudia	Flying Aj's	
21	Johnson, Jasmine	Seattle Paci	
22	Jones, Vanessa	USC	
23	Lisek, Monique	Simon Fraser	
24	McDaniel, Ericka	Northwest U.	
25	Monson, Brooke	Eastern Wash	
26	Moore, Ashlee	Oregon	
27	Ndipagbor, Akawkaw	USC	
28	Orchard, Trey	Cal St. Los	
29	Pettigrew, Cameron	USC	
30	Quinn, ShaRaya	Washington S	
31	Rochon, Raquel	Cal St. Los	
32	Rogers, Raevyn	Oregon	
33	Ryan, Chavariana	Cal St. Stan	
34	Shuttleworth, Rachel	Trinity West	

35	Smith, Jessica	Valley Royal
36	Stepter, Jaide	USC
37	Tims, Jalen	Seattle Paci
38	Williams, Kristyn	Stanford
39	Wilson, MaCaulay	Oregon State
40	Wright, Phoebe	Nike

Event 12 Women 600 Meter Run

	Name	School	Seed Time
1	Anderson, Emily	Gonzaga	
2	Anderson, Morgan	Oregon State	
3	Atkin, Casey	Unattached	
4	Baker, Olivia	Stanford	
5	Brown, Robyn	Hawaii	
6	Cain, Mary	Nike Oregon	
7	Christen, Rose	Washington	
8	Covey, Felicia	Western Oreg	
9	Dee, Taryn	Unattached	
10	Francois, Rachel	Uvic Track C	
11	Harris, Nicole	Washington	
12	Jackson, Dominique	Sra Elite	
13	Joseph, Elena	Speed Unlimi	
14	Leblanc, Annie	Oregon	
15	Mathison, Jessie	Seattle Paci	
16	Michaelson, Tess	Stanford	
17	Mires, Baylee	Washington	
18	Morrison, Nevada	Team Morriso	
19	Pearse, Anastasia	Trinity West	
20	Reeves, Picabo	Unattached	
21	Rogers, Raevyn	Oregon	
22	Schaer, Kelsi	Oregon State	
23	Shepard, Karina	Stanford	
24	Stroosma, Molly	Gonzaga	
25	Terry, Pearl	Washington	
26	Van De Grift, Suzie	Western Oreg	
27	Waschmann, Malika	Stanford	
28	Wiebe, Devan	British Colu	
29	Wilson, MaCaulay	Oregon State	

Event 14 Women 800 Meter Run

	Name	School	Seed Time
1	Ackerley, Mikelle	Unattached	
2	Asper, Leanne	Washington S	
3	Beeson, Bailey	Western Oreg	
4	Beng, Nyalual	Portland Sta	
5	Buford, Akia	Cal St. Stan	
6	Calvert, Hannah	Seattle Paci	
7	Capellino, Erica	USC	
8	Carroll, Sophie	Seattle Paci	
9	Charleson, Mary	Seattle Paci	
10	Connor, Anna	Bowerman TC P	



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Performance List

Event 14 ...(Women 800 Meter Run)

	Name	School	Seed Time
11	Contos, Erica	Portland Sta	
12	Crofts, Helen	Valley Royal	
13	Dacre, Stephanie	British Colu	
14	Davis, Madison	Seattle U.	
15	Decker, Lynelle	Seattle Paci	
16	Dodd, Sophie	Simon Fraser	
17	Fraher, Claren	Gonzaga	
18	Fricker, McKayla	Athletics NW	
19	Gill, Jasmine	Simon Fraser	
20	Hundal, Aman	Cal St. Stan	
21	Kettel, Hailey	Seattle Paci	
22	Lennea, Kayla	Simon Fraser	
23	Leufroy, Ena	The Janes El	
24	Mackenzie, Kansas	Simon Fraser	
25	Malmborg, Josefina	Cal St. Los	
26	McMorris, Gwyneth	Portland Sta	
27	Mussatto, Alana	Simon Fraser	
28	Nock, Paige	Simon Fraser	
29	Pahkala, Jessica	Alaska Ancho	
30	Perez, Tamara	Alaska Ancho	
31	Phan, Chynna	Seattle Paci	
32	Picchetti, Natalie	Austin Track	
33	Poplawski, Alisa	Seattle U.	
34	Porada, Katie	Oregon	
35	Rawlins, Jessica	Seattle Paci	
36	Smith, Jessica	Valley Royal	
37	Tollefson, Kris	Portland Sta	
38	Vaughn, Kyrach	Cal St. Stan	
39	Vorderbruegge, Marina	Unattached	
40	Williams, Kelly	Gonzaga	

Event 6 Women 1000 Meter Run

	Name	School	Seed Time
1	Amaral, Joelle	Washington	
2	Anderson, Morgan	Oregon State	
3	Aschbacher, Ally	Oregon	
4	Berkson, Maddy	Stanford	
5	Cantine, Sophie	Speed Unlimi	
6	Collmer, Christa	Concordia (O	
7	Cranny, Elise	Stanford	
8	Ditzhazy, Amanda	Western Oreg	
9	Francois, Rachel	Uvic Track C	
10	Goecke, Nicole	Oregon State	
11	Hasay, Jordan	Nike Oregon	
12	Hiltz, Nikki	Oregon	
13	Jackson, Dominique	Sra Elite	
14	Laman, Anna	Stanford	
15	Lara, Geena	Unattached	
16	Manns, Alexis	Speed Unlimi	

17	Matora, Katia	Speed Unlimi
18	Mckinnon, Sam	Oregon State
19	Moser, Treniere	Nike Oregon
20	Nakashima, Tiare	Hawaii
21	Rowbury, Shannon	Nike Oregon
22	Soderberg, Nicole	Uvic Track C
23	Stuckey, Stephanie	Western Oreg

Event 8 Women 1 Mile Run

	Name	School	Seed Time
1	Bassett, Miryam	Simon Fraser	
2	Bassett, Rebecca	Simon Fraser	
3	Boman, Amanda	Portland Sta	
4	Bosserman, Josephine	Washington	
5	Brown, Cassidy	Northwest U.	
6	Burroughs, Mariah	Alaska Ancho	
7	Butterworth, Lindsey	Simon Fraser	
8	Cantine, Sophie	Speed Unlimi	
9	Capellino, Erica	USC	
10	Cavalluzzo, Holly	Oregon State	
11	Chadsey, Emma	Unattached	
12	Charleson, Mary	Seattle Paci	
13	Connor, Anna	Bowerman TC P	
14	Contos, Erica	Portland Sta	
15	Crofts, Helen	Valley Royal	
16	Decker, Beatrice	Alaska Ancho	
17	Efraimson, Alexa	Nike	
18	Evans, Brittany	Simon Fraser	
19	Evans, Olivia	Gonzaga	
20	Gil-Echevarria, Paula	Eastern Wash	
21	Hastings, Melissa	Portland AC	
22	Hodge, Grace	Washington	
23	Howlett, Claire	Stanford	
24	Kettel, Hailey	Seattle Paci	
25	Krahling, Sam	Unattached	
26	Lara, Geena	Unattached	
27	Lawson, Kelly	Washington	
28	Leufroy, Ena	The Janes El	
29	Linton, CharLee	Washington S	
30	Mackenzie, Kansas	Simon Fraser	
31	Mahoney, Katie	Eastern Wash	
32	Maton, Ashley	Oregon	
33	McNulty, Abbie	Stanford	
34	Meyers, Maddie	Washington	
35	Noel, Peggy	Simon Fraser	
36	O'Connor, Haley	Western Wash	
37	Pomfret, Kendra	Uvic Track C	
38	Rawlings, Taryn	Portland AC	
39	Rawlins, Jessica	Seattle Paci	
40	Rice, Lila	Seattle U.	
41	Russell, Skye	University o	



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Event 8 ... (Women 1 Mile Run)

	Name	School	Seed Time
42	Ryan, Hannah	Trinity West	
43	Sanders, Jenna	Washington	
44	Santos, Mckayla	Seattle Paci	
45	Selve, Alyssa	Cal St. Los	
46	Smith, Jessica	Valley Royal	
47	Stuckey, Stephanie	Western Oreg	
48	Symoniak, Brenna	Portland AC	
49	Tonn, Jessica	Stanford	
50	Townsend, Dana	Simon Fraser	
51	Trapp, Cheryn	Portland Sta	
52	Troupe, Shawna	Western Wash	
53	Vorderbruegge, Marina	Unattached	
54	Weber, Emily	Oregon State	
55	Whybark, Sarah	Concordia (O	
56	Wright, Phoebe	Nike	

Event 20 Women 3000 Meter Run

	Name	School	Seed Time
1	Allen, Kirsten	Unat-Simon F	
2	Bassett, Miryam	Simon Fraser	
3	Bassett, Rebecca	Simon Fraser	
4	Bibault, Emma	Uvic Track C	
5	Bortfeld, Devon	Washington S	
6	Brown, Cassidy	Northwest U.	
7	Brunt, Madelyn	British Colu	
8	Campbell, Dallas	Cal St. Stan	
9	Carlyle, Laura	Oiselle	
10	Cavalluzzo, Holly	Oregon State	
11	Chadsey, Emma	Unattached	
12	Coffey, Karlee	Bowerman Tra	
13	Coleman, Maggie	Portland Sta	
14	Curatilo, Sophie	Seattle U.	
15	de Fenoyl, Amelie	British Colu	
16	de Laveaga, Taylor	Seattle U.	
17	Demaree, Adrienne	Oregon State	
18	Drake, Lindsey	Bowerman Tra	
19	Dwyer, Emily	Washington S	
20	Elliott, Mikel	Concordia (O	
21	Evans, Amelia	Gonzaga	
22	Evans, Brittany	Simon Fraser	
23	Fisher, Emma	Stanford	
24	Fraher, Alison	Gonzaga	
25	Fraser, Vanessa	Stanford	
26	Fulton, Eleanor	Washington	
27	Garcia, Kristen	Whatcom Tess	
28	Hegland, Chloe	Uvic Track C	
29	Heiner, Courtney	Unattached	
30	Hollins, Keikoanne	Portland Sta	
31	Howley, Julia	Simon Fraser	

32	Jimenez, Marissa	Cal St. Stan
33	Johnson, Jennifer	Simon Fraser
34	Johnson, Sarah	Unattached
35	Johnston, Amy	Alaska Ancho
36	Jones, Maggie	Gonzaga
37	Kurgat, Caroline	Alaska Ancho
38	Lacy, Megan	Stanford
39	Laiblin, Alexandra	Western Wash
40	Linton, CharLee	Washington S
41	Macdonald, Sarah	Seattle Paci
42	Maxwell, Julia	Stanford
43	McInnis, Shauna	Uvic Track C
44	Meyers, Maddie	Washington
45	Mildes, Jessica	Gonzaga
46	Mills, Shelby	Gonzaga
47	Noel, Peggy	Simon Fraser
48	O'Connell, Jessica	UCAC
49	O'Connor Lenth, Moira	Seattle U.
50	Patti, Anna	Seattle Paci
51	Reiter, Sarah	Eastern Wash
52	Ricardi, Jane	Cnw/Brooks
53	Sanders, Jenna	Washington
54	Selve, Alyssa	Cal St. Los
55	Steen, Katelyn	Western Wash
56	Steimer-Barragan, Arielle	Cal St. Los
57	Stelling, Lillianna	Western Wash
58	Thiel, Daniel	University o
59	Trapp, Cheryn	Portland Sta
60	Watson, Ruby	Whatcom Tess
61	Willson, Morgan	Washington S

Event 1 Women 60 Meter Hurdles Prelims

	Name	School	Seed Time
1	Anderson, Akayla	Portland Sta	
2	Banfro, Tianna	Central Wash	
3	Baron, Ciana	Washington	
4	Beaton, Hannah	Trinity West	
5	Bradley, Adreonia	Washington S	
6	cho, stephanie	Thunderbirds	
7	Cox, Melia	USC	
8	Crawford, Jade	Seattle Paci	
9	Crockett, Lauren	Oregon	
10	Daly, Maya	Trinity West	
11	Davis, Madison	Washington S	
12	Deck, Allison	Central Wash	
13	Evans, Madison	Trinity West	
14	Fettig, Tayler	Central Wash	
15	Gibbs, Mariah	Seattle U.	
16	Hallock, Kara	Oregon State	
17	Hammock, Paige	Eastern Wash	
18	Harper, Liz	Washington S	



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Event 1 ...(Women 60 Meter Hurdles Prelims)

	Name	School	Seed Time
19	Hommes, Maddi	Seattle Paci	
20	Hong, Cheryl	Seattle Paci	
21	Hrycun, Alexa	University o	
22	Irene, Moore	Evergreen St	
23	Jackson, Cecelia	Portland Sta	
24	Johnson, Alaysha	Oregon	
25	Kimes, Jozie	Eastern Wash	
26	Kramer, Addison	British Colu	
27	Lazecki, Natasha	Simon Fraser	
28	Lewis, Amber	Stanford	
29	Li, Emma	Trinity West	
30	Luquin, Maliea	Seattle Paci	
31	McFarland, Candice	Washington S	
32	Moore, Ashlee	Oregon	
33	Moore, Sam	Western Oreg	
34	Motsi, Tanya	British Colu	
35	Pappel, Rochelle	Western Oreg	
36	Petersen, Lisa	Saint Martin	
37	Pfaff, Holly	Concordia (O	
38	Quinn, ShaRaya	Washington S	
39	Ratcliff, Jazmin	Portland Sta	
40	Ross, Hazel	Trinity West	
41	Santiago, Zhane	Hawaii	
42	Smith, Andrea	Washington S	
43	Smith, C.J.	Washington	
44	Stueckle, Kimberly	Washington	
45	Thomas, Claire	Oregon	
46	Vazquez, Felicianna	Hawaii	
47	Verrett, Monet	Cal St. Stan	
48	Wallace, Sasha	Oregon	
49	Wear, Robyn	Trinity West	

Event 22 Women 4x400 Meter Relay

	Team	Relay	Seed Time
1	Cal St. Los	A	
2	Cal St. Stan	A	
3	Cal St. Stan	B	
4	Central Wash	A	
5	Concordia (O	A	
6	Eastern Oreg	A	
7	Oregon	A	
8	Oregon	B	
9	Portland Sta	A	
10	Portland Sta	B	
11	Seattle Paci	A	
12	Seattle Paci	B	
13	Seattle U.	A	
14	Simon Fraser	A	
15	Simon Fraser	B	

16	Simon Fraser	C
17	Stanford	A
18	Stanford	B
19	Stanford	C
20	Trinity West	A
21	USC	A
22	Washington	A
23	Washington	B
24	Washington	C
25	Western Oreg	A
26	Western Wash	A

Event 18 Women 4x800 Meter Relay

	Team	Relay	Seed Time
1	Concordia (O	A	
2	Gonzaga	A	
3	Gonzaga	B	
4	Oregon State	A	
5	Portland AC	A	
6	Stanford	A	
7	Trinity West	A	
8	Uvic Track C	A	
9	Washington	A	
10	Western Oreg	A	

Event 24 Women High Jump

	Name	School	Seed Mark
1	Baron, Ciana	Washington	
2	Bellomy, Brooklyn	Eastern Wash	
3	Crawford, Jade	Seattle Paci	
4	Crockett, Lauren	Oregon	
5	Dondrea, Charnie	Northwest U.	
6	Hallock, Kara	Oregon State	
7	Hilger, Amy	Oregon State	
8	Hommes, Maddi	Seattle Paci	
9	Howard, Lucinda	Oregon State	
10	Jackson, Allison	Oregon State	
11	Kimes, Jozie	Eastern Wash	
12	Lautenbach, Jessica	Oregon State	
13	Maddux, Mandie	Seattle U.	
14	McBride, Harley	Eastern Oreg	
15	Moore, Ashlee	Oregon	
16	Morrello, Eryka	Cal St. Los	
17	Neville-Rutherford, Kim	Simon Fraser	
18	Ortega, HarLee	Central Wash	
19	Osadchey, Miranda	Western Wash	
20	Petz, Amy	Simon Fraser	
21	Pfaff, Holly	Concordia (O	
22	Rainwater, Linda	Movin Shoes	
23	Smith, C.J.	Washington	
24	Summers, Chancey	Oregon	



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Performance List

Event 24 ...(Women High Jump)

	Name	School	Seed Mark
25	Ward, Naphtali	Seattle Paci	
26	White, Tierra	Eastern Wash	
27	Wright, Katelyn	Western Wash	

Event 26 Women Pole Vault

	Name	School	Seed Mark
1	Black, Natasha	Hawaii	
2	Bray, Courtney	Eastern Wash	
3	Butler, Lea	Cal St. Stan	
4	Clark, Anandae	Eastern Wash	
5	Clark, Erin	Eastern Wash	
6	Dingel, Aleksei	Washington	
7	Emmert, McKenna	Central Wash	
8	Evans, Madison	Trinity West	
9	Fagen, Talitha	Eastern Oreg	
10	Franzen, Tori	Washington	
11	Goodkin, Jessica	Washington	
12	Hall, Amanda	Cal St. Stan	
13	Haun, Helen Ann	Oregon State	
14	Hess, Jenna	Trinity West	
15	Ho, Candace	Unat - U W	
16	Huey, Leah	Western Wash	
17	Jacques, Taylore	Stanford	
18	Kahns, Michaela	Seattle Paci	
19	Knope, Elizabeth	Western Wash	
20	Krussow, Madi	Unat - U W	
21	Li, Emma	Trinity West	
22	Louie, Michelle	Seattle Paci	
23	Madrigal, Chardalise	Eastern Wash	
24	Marty, Laura	Unattached	
25	Owsinski, Kristina	Washington	
26	Paradee, Anna	Western Wash	
27	Planell Cruz, Diamara	Washington	
28	Quick, Elizabeth	Washington	
29	Sidor, Annie	Oregon State	
30	Webber, Kirsten	Unattached	
31	Webster, Madi	Seattle Paci	
32	Zinsli, Kaitlin	Washington	
33	Zuniga, Ivonne	Trinity West	

Event 28 Women Long Jump

	Name	School	Seed Mark
1	Adler, Kate	Washington	
2	Allen, Claudette	Trinity West	
3	Anderson, Ali	Central Wash	
4	Baldwin, Tasia	Seattle Paci	
5	Bouyer, Kennadi	Washington	
6	Brannan, Kyra	Seattle Paci	
7	Brown, Ella	Simon Fraser	

8	Budinich, Ericka	Unat - U W
9	Burr, Savannah	Washington
10	Dorsey, Lindsey	Concordia (O
11	Faulknor, Alexis	USC
12	Fedor, Kye	Simon Fraser
13	Fettig, Tayler	Central Wash
14	Forbes, Carla	Stanford
15	Fraser, Ashleigh	Unattached
16	Gayles, Daryth	Stanford
17	Greenaway, Kiera	Legacy Athle
18	Hallock, Kara	Oregon State
19	Harden, Chantiel	Cal St. Los
20	Hawkins, Julia	British Colu
21	Howard, Lucinda	Oregon State
22	James-Heard, Saudia	Flying Aj's
23	jones, Ally	Unattached
24	Koon, Selina	Eastern Wash
25	Lazecki, Natasha	Simon Fraser
26	Mason, Kaitlyn	Oregon State
27	Maus, Katherine	Portland AC
28	Moore, Sam	Western Oreg
29	morrison, skye	Unattached
30	Nettey, Sabrina	Trinity West
31	Okoronkwo, Chinne	Flying Aj's
32	Ortega, HarLee	Central Wash
33	Pavlenko, Lydia	Unattached
34	Richards, Madisen	USC
35	Russell, Peyton	Flying Aj's
36	Rust, Kaylene	Oregon State
37	Santiago, Zhane	Hawaii
38	Settle, Genna	Portland Sta
39	Simms, Baileh	Portland Sta
40	Sparkman, Maia	Seattle U.
41	Stueckle, Kimberly	Washington
42	Thomas, Claire	Oregon
43	Turney, Michele	Oregon State
44	Varela, Madelayne	Oregon
45	Vazquez, Felicianna	Hawaii
46	Wear, Robyn	Trinity West
47	Williams, Brandi	Unattached
48	Williams, Brittni	Unattached

Event 30 Women Triple Jump

	Name	School	Seed Mark
1	Arlauska, Sierra	Portland Sta	
2	Broomfield, Robyn	Simon Fraser	
3	Brown, Ella	Simon Fraser	
4	Burr, Savannah	Washington	
5	Coker, Alanna	Washington	
6	Cox, Melia	USC	
7	Cronic, Kelly	Central Wash	



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Performance List

Event 30 ...(Women Triple Jump)

	Name	School	Seed Mark
8	Dorsey, Lindsey	Concordia (O)	
9	Forbes, Carla	Stanford	
10	Fraser, Ashleigh	Unattached	
11	Hawkins, Julia	British Colu	
12	James-Heard, Saudia	Flying Aj's	
13	Jones, D'Nara	Portland Sta	
14	Kwiatkowski, Marisa	Stanford	
15	Laible, Rebecca	Western Oreg	
16	Mannucci, Morena	Eastern Wash	
17	Maus, Katherine	Portland AC	
18	morrison, skye	Unattached	
19	Okoronkwo, Chinne	Flying Aj's	
20	Ortega, HarLee	Central Wash	
21	Pavlenko, Lydia	Unattached	
22	Phillips, Kayla	Hawaii	
23	Richey, Ta'Mara	Portland Sta	
24	Roland, Jaleecia	Washington	
25	Roncalli, Carolina	Cal St. Los	
26	Russell, Peyton	Flying Aj's	
27	Sideris, Gayle	Unattached	
28	Siltman, Rachel	Concordia (O)	
29	Toliver, Rachel	Hawaii	
30	Varela, Madelayne	Oregon	
31	Williams, Brittni	Unattached	

Event 32 Women Shot Put

	Name	School	Seed Mark
1	Alnas, Krystal	Cal St. Stan	
2	Ausman, Melissa	Oregon State	
3	Baron, Ciana	Washington	
4	Budinich, Ericka	Unat - U W	
5	Byrd, McKenzie	Oregon State	
6	Coleman, Bev	Washington	
7	Collier, Emmi	Western Oreg	
8	Colman, Kaytlyn	Eastern Wash	
9	Cook, Allison	Western Oreg	
10	Duhamel, Becki	Central Wash	
11	Flint, Gina	Washington	
12	Forcier, Kelsie	Eastern Wash	
13	Green, Alex	Western Oreg	
14	Hammar, Rebecca	Stanford	
15	Ingraham, Tricia	Oregon State	
16	Ioane, Charlinda	Hawaii	
17	Johnson, Sydney	Portland Sta	
18	Leatherman, Lyndsay	Washington	
19	Loop, Kayla	Eastern Wash	
20	Mann, Brittany	Oregon	
21	Markham, Sammi	Seattle Paci	
22	Mortensen, Megan	Western Wash	

23	Neale, Kirby	Saint Martin
24	Novy, Tera	USC
25	Picknell, Rachel	Oregon State
26	Porlier-Langlois, Alex	Hawaii
27	Rabing, Maddie	Super Throwe
28	Romey, Morgan	Eastern Wash
29	Sapa, Tanya	USC
30	Smith, C.J.	Washington
31	Toeaina, Alyx	Washington
32	Warren, McKenzie	Concordia (O)

Event 34 Women Weight Throw

	Name	School	Seed Mark
1	Alnas, Krystal	Cal St. Stan	
2	Ausman, Melissa	Oregon State	
3	Botsis, Chanell	Kajaks T&F	
4	Chibuogwu, Onyie	Washington	
5	Coleman, Bev	Washington	
6	Colman, Kaytlyn	Eastern Wash	
7	Covington, Autumn	Kajaks T&F	
8	Donovan, Jacqueline	Hawaii	
9	Duhamel, Becki	Central Wash	
10	Forcier, Kelsie	Eastern Wash	
11	Gravelle, Carolyn	Washington	
12	Ioane, Charlinda	Hawaii	
13	Loop, Kayla	Eastern Wash	
14	Mattos, Jessica	Concordia (O)	
15	Mckee, Lindsay	Cal St. Stan	
16	Middlebrooks, Madeline	Oregon	
17	Midles, Olivia	Eastern Wash	
18	Moore, Dorothy	Central Wash	
19	Murillo, Emma	Eastern Wash	
20	Neale, Kirby	Saint Martin	
21	Picknell, Rachel	Oregon State	
22	Porlier-Langlois, Alex	Hawaii	
23	Rabing, Maddie	Super Throwe	
24	Rasche, Teagan	Langley Must	
25	Rodgers, Angel	Saint Martin	
26	Rogers, Camryn	Kajaks T&F	
27	Sims, Caressa	Unattached	
28	Toeaina, Alyx	Washington	
29	Wardsworth, Katie	Unattached	
30	Warren, McKenzie	Concordia (O)	
31	Wideski, Valerie	Kajaks T&F	

Event 4 Men 60 Meter Dash Prelims

	Name	School	Seed Time
1	Abosi, Stephen	British Colu	
2	adekanbi, oladdimeji	Unattached	
3	Ayin, Nicholas	Trinity West	
4	Bailey, Ta'masz	Unattached	



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Performance List

Event 4 ... (Men 60 Meter Dash Prelims)

	Name	School	Seed Time
5	Binkerd, Alex	Western Wash	
6	Brown, Andrew	Washington	
7	Caviezel, Kyle	Eastern Wash	
8	Chambers, Marcus	Oregon	
9	Collins, Daveon	Seattle Spee	
10	Davis, Aaron	Christ Life	
11	De Grasse, Andre	USC	
12	Diaz, Chris	Shorewood Hi	
13	Donigian, Alex	Western Wash	
14	Felix, Glen	Concordia (O	
15	Ferguson, Trevor	Oregon	
16	Gable, Mitchell	Portland Sta	
17	Garcia, Jose	Eastern Wash	
18	Jensen, Cole	Washington	
19	Johnson, Richard	Unattached	
20	Kelly, Devin	Unattached	
21	Lao, Howard	Unat - U W	
22	Lee, Beejay	USC	
23	Lewis, Nevin	Unattached	
24	Linde, James	Trinity West	
25	Lopez, Mario	Seattle Paci	
26	Marshall, Travis	Washington	
27	Mathews, Jonah	Kitsap Flier	
28	McKinney, Kent	Central Wash	
29	McNeal, Maurice	Washington	
30	Moore, Nate	Oregon	
31	Murray, Carson	Washington	
32	Nnadi, Obinna	Eastern Wash	
33	Ortiz, Carlos	Concordia (O	
34	Paulk, Clifford	Seattle Paci	
35	Perkins, Tony	Unattached	
36	Pfeiffer, Nick	Washington	
37	Prince, Sheldon	Portland Sta	
38	Ransom, Malcolm	R.A.W. Speed	
39	Satterwhite, Quadelle	Washington	
40	Schmidt, Spenser	Portland Sta	
41	Schrage, Harrison	Unattached	
42	Shellmire, Julius	Portland AC	
43	Shokoya, Saeed	Simon Fraser	
44	Sinclair, Jamie	Trinity West	
45	Spano, Jacopo	Washington	
46	Strong, Lucas	Washington	
47	Swillie, Isaac	Flying Aj's	
48	VanAssche, Jeremy	Eastern Wash	
49	Warner, Cody	Western Oreg	
50	Winfrey, Khalil	Unattached	

Event 17 Men 200 Meter Dash

	Name	School	Seed Time
1	Abosi, Stephen	British Colu	
2	Ayin, Nicholas	Trinity West	
3	Bailey, Ta'masz	Unattached	
4	Berry, Mike	Nike	
5	Binkerd, Alex	Western Wash	
6	Caviezel, Kyle	Eastern Wash	
7	Chambers, Marcus	Oregon	
8	Collins, Daveon	Seattle Spee	
9	Cowan, Jason	Seattle U.	
10	Daniels, Mark	Unattached	
11	Davis, Aaron	Christ Life	
12	De Grasse, Andre	USC	
13	DeHart, Jaric	Western Wash	
14	Dhillon, Hameet	Simon Fraser	
15	Donigian, Alex	Western Wash	
16	Felix, Glen	Concordia (O	
17	Ferguson, David	Seattle Paci	
18	Galpin, Jack	Oregon	
19	Garcia, Jose	Eastern Wash	
20	Hirota, Christoph	Speed Unlimi	
21	Innes, Calum	Trinity West	
22	Johnson, Richard	Unattached	
23	Kelly, Devin	Unattached	
24	kraus, jacob	Unattached	
25	Latt, Jordan	Oregon	
26	Lee, Beejay	USC	
27	Mathews, Jonah	Kitsap Flier	
28	McKinney, Kent	Central Wash	
29	McNaughton, Ian	Speedlab	
30	Melu, Shaddy	Seattle U.	
31	Morgan, Ricky	USC	
32	Morris, Marquis	USC	
33	Nnadi, Obinna	Eastern Wash	
34	Nystrom, Evan	Unattached	
35	Ortiz, Carlos	Concordia (O	
36	Paulk, Clifford	Seattle Paci	
37	Roetcisoender, Mark	Portland AC	
38	Rouser, Garrett	Unattached	
39	Schmidt, Nathaniel	Western Wash	
40	Shellmire, Julius	Portland AC	
41	Sloane, Matt	Unattached	
42	Straker, RJ	Seattle Paci	
43	Swillie, Isaac	Flying Aj's	
44	Taylor, Bennett	Unattached	
45	Thiel, Ben	Oregon	
46	Thieleke, Korey	Portland AC	
47	Thummel-Gravitt, Austin	Seattle U.	
48	VanAssche, Jeremy	Eastern Wash	



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Performance List

Event 17 ...(Men 200 Meter Dash)

	Name	School	Seed Time
49	Webster, Joel	Simon Fraser	
50	Wilson, Jade	Western Wash	
51	Winfrey, Khalil	Unattached	
52	Wood, Christian	Portland Sta	
53	Woods, Devonte	Western Oreg	
54	Zeller, Chris	Concordia (O	

Event 11 Men 400 Meter Dash

	Name	School	Seed Time
1	Allen, CJ	Washington S	
2	Aono, Michael	Ocean Athleti	
3	Beaumont-Russell, Kennet	Unattached	
4	Bloom, Samuel	Unattached	
5	Body, Julian	Unattached	
6	Cardoza, Garrett	AUC	
7	Daniels, Mark	Unattached	
8	Fekete, Shane	Portland AC	
9	Ferguson, David	Seattle Paci	
10	Gable, Mitchell	Portland Sta	
11	Holmberg, AJ	Western Oreg	
12	Kellner, Thomas	British Colu	
13	Kelloway, Daniel	Simon Fraser	
14	Kurtz, Frank	Stanford	
15	Latt, Jordan	Oregon	
16	Lewis, Nevin	Unattached	
17	Lopez, Mario	Seattle Paci	
18	Macklin, Aiden	NorWesters	
19	McArthur, Ryan	Western Wash	
20	McNaughton, Ian	Speedlab	
21	Michael, Brad	Eastern Wash	
22	Moreton, Chris	Seattle Paci	
23	Morgan, Ricky	USC	
24	Nixon, Cole	Portland Sta	
25	Pfefferkorn, Hunter	Portland Sta	
26	Prince, Sheldon	Portland Sta	
27	Rouser, Garrett	Unattached	
28	Schmidt, Nathaniel	Western Wash	
29	Seifert, Peter	Concordia (O	
30	Shumway, Jackson	Stanford	
31	Taylor, Bennett	Unattached	
32	Taylor, Nick	Uvic Track C	
33	Thieleke, Korey	Portland AC	
34	Thompson, Travis	Speedlab	
35	Upmeyer, Austin	Eastern Wash	
36	Webster, Joel	Simon Fraser	
37	Whitaker, Aaron	Western Oreg	
38	Wilson, Jade	Western Wash	
39	Wood, Christian	Portland Sta	
40	Zeller, Chris	Concordia (O	

Event 13 Men 600 Meter Run

	Name	School	Seed Time
1	Aguilar-Nelson, Janzen	Seattle U.	
2	Berian, Boris	Big Bear Tra	
3	Brunson, Daquon	Washington S	
4	Daigre, Derrick	Washington	
5	Delgado, Joe	Oregon	
6	Dolese, Colin	Stanford	
7	Fellows, Alec	Oregon	
8	Franzmair, Niki	Oregon	
9	Goolsby, Tyler	Seattle U.	
10	Gravatt, Philip	Eastern Oreg	
11	Grosvenor, Grant	Oregon	
12	Guerrero, Daniel	Big Bear Tra	
13	Hornsby, Russell	Oregon	
14	Howell, James	Unattached	
15	Jones, Les	Evergreen St	
16	Kemp, Blake	Oregon	
17	Kits, Aiden	Trinity West	
18	Lefebure, Luke	Stanford	
19	Modin, Mitch	Oregon	
20	Paul Morris, Adam	Uvic Track C	
21	Penner, Isaac	Uvic Track C	
22	Prentice, Andrew	Washington	
23	Redman, Hironmoy	Washington S	
24	Restall, Brendon	Uvic Track C	
25	Schlossman, Aaron	Unat - U W	
26	Sealby, Jacob	Unattached	
27	Smith, Tyler	Uvic Track C	
28	Swanson, Matthew	Washington S	
29	Thomas, Michael	Washington	
30	Thompson, Travis	Speedlab	
31	Thornton, Nicholas	Unattached	
32	Tipton, Kaid	Washington	
33	Zyph, Tyler	Eastern Oreg	

Event 15 Men 800 Meter Run

	Name	School	Seed Time
1	Andrews, Myles	USC	
2	Avischious, Adam	Seattle Paci	
3	Bayer, Andy	Bowerman TC P	
4	Beard, Mitchell	Gonzaga	
5	Brown, T-Roy	Portland Sta	
6	Buck, Owen	Unattached	
7	Contreras, Emmanuel	Trinity Luth	
8	Ellenwood, Stuart	Simon Fraser	
9	Fleck, Nathan	Portland Sta	
10	Flynn, Gavin	Portland AC	
11	Ford, Robert	USC	
12	Freinhofer, Dylan	Simon Fraser	



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Performance List

Event 15 ...(Men 800 Meter Run)

	Name	School	Seed Time
13	Hanna, Josh	Western Oreg	
14	Hoerner, Frankie	Washington S	
15	Hughey, Mitchell	Saint Martin	
16	Jager, Evan	Bowerman TC P	
17	Jones, Wes	Evergreen St	
18	Krause, Frank	Saint Martin	
19	Kucera, Nathaniel	Stanford	
20	Martore, Anthony	Unattached	
21	Naffziger, Sam	Western Oreg	
22	perezchica, andres	Unattached	
23	Prajea, Mihai	Trinity West	
24	Proceviat, Cameron	Simon Fraser	
25	Rhodes, Demetrius	Concordia (O	
26	Richardson, Ben	Portland Sta	
27	Russell, Spencer	Unat-Portlan	
28	Smith, Kinsly	Gonzaga	
29	Smith, Lorenzo	Simon Fraser	
30	Stash, Chris	Western Oreg	
31	Trummer, Max	Simon Fraser	
32	Whitaker, Aaron	Western Oreg	
33	White, Christian	Stanford	
34	Wilkie, Mark	Unattached	
35	Williams, Michael	Washington S	
36	Wojtech, John	Central Wash	

Event 7 Men 1000 Meter Run

	Name	School	Seed Time
1	Bayer, Andy	Bowerman TC P	
2	Bertolotti, Marco	Stanford	
3	Blume, Kyle	Washington	
4	Centrowitz, Matthew	Nike Oregon	
5	Coyle, Thomas	Stanford	
6	DeJong, Caleb	Trinity West	
7	Dinger, Tai	Stanford	
8	Drinkwater, Will	Stanford	
9	Ferguson, Jonathan	Northwest U.	
10	Guerrero, Daniel	Big Bear Tra	
11	Hanna, Josh	Western Oreg	
12	Jager, Evan	Bowerman TC P	
13	Jones, Les	Evergreen St	
14	Lam, James	Trinity West	
15	Marshall, Adam	Trinity West	
16	Marson, Parker	Western Oreg	
17	Nelson, Blake	Washington	
18	Rhodes, Demetrius	Concordia (O	
19	Roelle, Hans	Eastern Oreg	
20	Schiavone, Trevor	Uvic Track C	
21	Williams, Keith	Washington	

Event 9 Men 1 Mile Run

	Name	School	Seed Time
1	Andrews, Myles	USC	
2	Beagley, Brady	Western Oreg	
3	Borg, Chris	Portland AC	
4	Brown, T-Roy	Portland Sta	
5	Chinchar, Michael	Club Northwe	
6	Degefa, Diriba	Athletics NW	
7	DeJong, Tyler	Trinity West	
8	Elkaim, Jeramy	Oregon	
9	Ferris, Dylan	Strava TC	
10	Fischer, Ned	Gonzaga	
11	Fletcher, Ben	SFRR	
12	Flores, DJ	Eastern Oreg	
13	Ford, Robert	USC	
14	Garner, Eric	Unattached	
15	Goldizen, Ian	Gonzaga	
16	Gonzalez, Omar	Big Bear Tra	
17	Gorman, Daniel	Halifast Ath	
18	harris, geoff	Oxford@8	
19	Jorgensen, Jesse	Washington S	
20	Keelan, Jack	Stanford	
21	Khaira, Maneet	Unattached	
22	King, Tyler	Washington	
23	Leingang, Jake	Oregon	
24	Levins, Cameron	Nike Oregon	
25	McCranie, Cody	Western Wash	
26	McGorty, Sean	Stanford	
27	Milam, Willie	Gonzaga	
28	Naden, Bennett	Track Club L	
29	Neuman, Travis	Oregon	
30	Olson, Erik	Stanford	
31	Osako, Suguru	Nike Oregon	
32	Peterson, Cole	Uvic Track C	
33	Phillips, Andy	Gonzaga	
34	Poland, Ryan	Portland AC	
35	Pollard, Brandon	Gonzaga	
36	Prettyman, Brad	Concordia (O	
37	Proceviat, Cameron	Simon Fraser	
38	Ricardi, John	Club Northwe	
39	Rocereto, Justin	Portland AC	
40	Rouleau, Marc-Antoine	Simon Fraser	
41	Tadesse, Ephraim	Simon Fraser	
42	VanDooren, Tyler	Club Northwe	
43	Vugteveen, Travis	Simon Fraser	
44	Wendle, Graham	Gonzaga	
45	White, Declan	Trinity West	
46	Willyard, Brett	Oregon	
47	Withers, JK	Unattached	
48	Wojtech, John	Central Wash	



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Performance List****Event 21 Men 3000 Meter Run**

	Name	School	Seed Time
1	Anthony, Dylan	Alaska Ancho	
2	Arguinchona, Baxter	Seattle U.	
3	Arroyo, Gus	Seattle U.	
4	Avila, Eric	Hoka One One	
5	Borg, Chris	Portland AC	
6	Branch, Kyle	Gonzaga	
7	Charbonneau, Joe	Seattle U.	
8	Cheseto, Henry	Alaska Ancho	
9	Clifford, Deon	Ocean Athlet	
10	Clowes, Matthew	Concordia (O	
11	Collin, Olivier	Uvic Track C	
12	Corbit, John	Point Grey T	
13	Cosby, Robert	Jacuzzi Boys	
14	de Dalmases, Mateo	Simon Fraser	
15	De Schiffart, Joel	Trinity West	
16	Dillard, Alex	Portland AC	
17	Drummond, Russell	Unattached	
18	Elkaim, Jeremy	Oregon	
19	Flores, DJ	Eastern Oreg	
20	Forsee, Ben	Portland AC	
21	Gravel, Phillipe	Simon Fraser	
22	Harris, Nick	Washington	
23	Haughey, Gabriel	Portland AC	
24	Hay, Griffin	Portland AC	
25	Huffer, Craig	Adidas	
26	Hunt, Theo	Point Grey T	
27	Huxham, Fred	Unat - U W	
28	Jablonski, Matt	Oregon	
29	Johnston, Blair	Trinity West	
30	Kincaid, William	Portland AC	
31	Landstrom, Andrew	Portland Sta	
32	Lunder, Danny	Gonzaga	
33	Martinez, Danny	Portland AC	
34	Milam, Willie	Gonzaga	
35	Moussa, Mahmoud	Unat - U W	
36	Neuman, Travis	Oregon	
37	O'Neil, Colin	Gonzaga	
38	Orndorf, Logan	Portland AC	
39	Rapp, Christopher	Unattached	
40	Riva, Thomas	Uvic Track C	
41	Roche, Nick	Gonzaga	
42	Romo, Jesus	Strava TC	
43	Rooke, Kevin	Alaska Ancho	
44	Rouleau, Marc-Antoine	Simon Fraser	
45	Shaffer, Forrest	Washington S	
46	Stevens, Johnathan	Washington	
47	Symmes, Keegan	Portland AC	
48	Tadesse, Ephraim	Simon Fraser	

49	Terry, Darius	Asics Aggies
50	Therrien, Cody	Uvic Track C
51	Updike, Isaac	Eastern Oreg
52	Weir, Ben	Uvic Track C
53	Withers, JK	Unattached
54	Young, Stephen Jay	Bowerman Tra
55	Zarda, Zach	Unattached

Event 2 Men 60 Meter Hurdles Prelims

	Name	School	Seed Time
1	Allen, CJ	Washington S	
2	Atsin, Emmanuel	Team Fleming	
3	Body, Julian	Unattached	
4	Camarillo, Dustin	Western Oreg	
5	Contino, Patrick	Concordia (O	
6	Delgado, Joe	Oregon	
7	DeVisser, Andrew	Trinity West	
8	Diaz, Chris	Shorewood Hi	
9	Dobson, Kaleb	Western Oreg	
10	Doucette, Benjamin	Unattached	
11	Durden, David	Saint Martin	
12	Fellows, Alec	Oregon	
13	Ferguson, Trevor	Oregon	
14	Grant, Chris	Overdrive Tr	
15	Grothmann, Rihei	Western Oreg	
16	Harris, Peyton	Seattle Paci	
17	Hernandez, Cale	Trinity West	
18	Innes, Calum	Trinity West	
19	Kamara, Abu	Washington S	
20	Kemp, Blake	Oregon	
21	Lao, Howard	Unat - U W	
22	Liebel, Devin	Washington	
23	Markham, Ian	Washington S	
24	Milbrandt, Travis	Western Wash	
25	Modin, Mitch	Oregon	
26	Morris, Marquis	USC	
27	Myers, Logan	Western Wash	
28	Pendergrass Anderson, Ka	Silky Smooth	
29	Przystupa, Michael	British Colu	
30	schultze, kenneth	Thunderbirds	
31	Seifert, Peter	Concordia (O	
32	Simpson, Eric	Washington	
33	Sissel, Ty	Saint Martin	
34	Weinstock, Evan	Unattached	
35	Williams, Allen	USC	
36	Williams, Chris	Washington	
37	Williams, Harrison	Stanford	
38	Wilson, Jade	Western Wash	
39	Zmuda, Daniel	Washington S	



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Performance List

Event 23 Men 4x400 Meter Relay

	Team	Relay	Seed Time
1	Oregon	A	
2	Oregon	B	
3	Portland Sta	A	
4	Portland Sta	B	
5	Saint Martin	A	
6	Seattle Paci	A	
7	Seattle U.	A	
8	Simon Fraser	A	
9	Simon Fraser	B	
10	Stanford	A	
11	Stanford	B	
12	Trinity West	A	
13	Trinity West	B	
14	USC	A	
15	Washington	A	
16	Washington	B	
17	Washington	C	
18	Washington S	A	
19	Western Oreg	A	
20	Western Wash	A	

Event 19 Men 4x800 Meter Relay

	Team	Relay	Seed Time
1	Concordia (O	A	
2	Gonzaga	A	
3	Northwest U.	A	
4	Portland AC	A	
5	Portland AC	B	
6	Stanford	A	
7	Stanford	B	
8	Trinity West	A	
9	Uvic Track C	A	
10	Washington	A	
11	Western Oreg	A	

Event 25 Men High Jump

	Name	School	Seed Mark
1	Alderks, Derek	Unattached	
2	Cunningham, Randall	USC	
3	Jensen, Cole	Washington	
4	Johnson, Anthony	Evergreen St	
5	Johnson, Kyle	Bowerman TC	
6	Juetten, Kyle	Speed Unlimi	
7	Knight, Joe	Washington	
8	Krone, Michael	USC	
9	Laubacher, Bradley	Oregon	
10	Mason, Mike	Valley Royal	
11	Melu, Shaddye	Seattle U.	

12	Murray, Carson	Washington
13	Myers, Logan	Western Wash
14	Peterson, Justin	Central Wash
15	Pfeiffer, Nick	Washington
16	Simpson, Travis	Eastern Oreg
17	Sinsheimer, Jared	Unattached
18	Smith, Mikel	Saint Martin
19	Tufty, Rockwell	Portland Sta
20	Walker, Chase	Washington
21	Watson, Brett	Western Wash
22	Willis, Dartis	Stanford

Event 27 Men Pole Vault

	Name	School	Seed Mark
1	Aamot, Connor	Western Wash	
2	Barranco, Braden	Eastern Wash	
3	Black, Blaise	Unat - U W	
4	Davis, Chase	Eastern Wash	
5	DeHan, Matt	Saint Martin	
6	Delgado, Joe	Oregon	
7	Dickinson, Matthew	Speed Unlimi	
8	Dunford, Nathan	Trinity West	
9	Duvio, Dalton	Stanford	
10	Emery, Daniel	Stanford	
11	Fellows, Alec	Oregon	
12	Hidalgo, Matt	Oregon	
13	Hino, Jacob	Western Wash	
14	Humphreys, Sam	Simon Fraser	
15	Juilfs, JJ	Washington	
16	Keeton, Joseph	Saint Martin	
17	Keller, Levi	Unattached	
18	Kemp, Blake	Oregon	
19	Konrad, J. T.	Western Wash	
20	Kordas, Gordon	Western Wash	
21	Marcus, Lev	Washington	
22	McCoy, Scott	Unattached	
23	Modin, Mitch	Oregon	
24	Phillips, Jesse	Trinity West	
25	Quinn, Bryan	Willamette S	
26	Shugart, Zach	Unattached	
27	Sinclair, Jamie	Trinity West	
28	Starkey, Garrett	Stanford	
29	Thoirs, Jax	Washington	
30	Thomas, Adam	Western Wash	
31	Walsh, Cole	Oregon	
32	Williams, Chris	Washington	
33	Williams, Harrison	Stanford	

Event 29 Men Long Jump

	Name	School	Seed Mark
1	adekanbi, oladdimeji	Unattached	



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Performance List

Event 29 ... (Men Long Jump)

	Name	School	Seed Mark
2	Braithwaite, Cameron	Puget Sound	
3	Chase, Ryan	Unattached	
4	DeVaughn, Nathan	Portland AC	
5	DeVisser, Andrew	Trinity West	
6	Diaz, Chris	Shorewood Hi	
7	Empinado, Marwin	Simon Fraser	
8	Frederick, Norris	Unattached	
9	Harris, Peyton	Seattle Paci	
10	He, Jerry	Simon Fraser	
11	kraus, jacob	Unattached	
12	Linde, James	Trinity West	
13	Mataya, Rudy	Western Wash	
14	Osborn, Trenton	Eastern Wash	
15	Plummer, Luke	Central Wash	
16	Revis, Paul	Western Oreg	
17	Santos, Joel	Trinity West	
18	Schmidt, Spenser	Portland Sta	
19	Schrage, Harrison	Unattached	
20	Sinsheimer, Jared	Unattached	
21	Smallwood, Dominic	USC	
22	Smith, Ben	Seattle Paci	
23	Smith, Mikel	Saint Martin	
24	Uudmae, Jaak	Stanford	
25	van Tuinen, Nathaniel	Western Wash	
26	Voloshin, Daniel	Simon Fraser	
27	Watson, Brett	Western Wash	
28	Weinstock, Evan	Unattached	
29	Willis, Dartis	Stanford	
30	Wu, Alex	Simon Fraser	
31	Yoro, Jaysen	Saint Martin	

Event 31 Men Triple Jump

	Name	School	Seed Mark
1	Aminov, Oded	British Colu	
2	Benedictus, P.J.	Unattached	
3	Brooks, Darian	Stanford	
4	Burns, Casey	Unat - U W	
5	Chase, Ryan	Unattached	
6	Faust, Louis	Concordia (O	
7	Melu, Josh	Oregon	
8	Moldavanov, Vladislav	Simon Fraser	
9	Pendergrass Anderson, Ka	Silky Smooth	
10	Plummer, Luke	Central Wash	
11	Redlew, Nick	Seattle U.	
12	Schrage, Harrison	Unattached	
13	Seely, Mark	Western Wash	
14	Simpson, Travis	Eastern Oreg	
15	Sinsheimer, Jared	Unattached	
16	Smallwood, Dominic	USC	

17	Smith, Ben	Seattle Paci
18	Whitehurst, Chance	Oregon
19	Williams, Allen	USC

Event 33 Men Shot Put

	Name	School	Seed Mark
1	Boyden, Dan	Washington	
2	Breaux, Chandler	Puget Sound	
3	Budincich, Nicholas	Stanford	
4	Campbell, Carey	Washington	
5	Catelli, Frank	Washington	
6	Cunningham, Aaron	Eastern Wash	
7	Dunford, Nathan	Trinity West	
8	Garton, Reilyn	Puget Sound	
9	Hall, Joe	Concordia (O	
10	Hutchison, Brian	Washington	
11	Jensen, Cole	Washington	
12	Klippel, Kenny	Western Oreg	
13	Koch, Josh	Concordia (O	
14	Koopmans, Mackenzie	British Colu	
15	Lake, Zach	Concordia (O	
16	Lembcke, Jack	Washington	
17	moore, darien	Unattached	
18	Moore, Jeremy	Western Oreg	
19	Murray, Carson	Washington	
20	Perkins, Ron	Oregon	
21	Pfeiffer, Nick	Washington	
22	Pless, Brandon	Western Wash	
23	Pless, David	Ironwood TC	
24	Ponzio, Nicholas	USC	
25	Prena, Cullen	Oregon	
26	Santos, Joel	Trinity West	
27	Scheideman, Jack	Washington	
28	Stanley, Kevin	Central Wash	
29	Stralser, Michael	Western Wash	
30	Tafoya, Armando	Central Wash	
31	Watson, Robert	Concordia (O	
32	Wilkins, Mitch	Saint Martin	

Event 35 Men Weight Throw

	Name	School	Seed Mark
1	Arakawa, Jordan	Eastern Wash	
2	Banchero, Evan	Eastern Wash	
3	Behncke, Peter	Simon Fraser	
4	Bhandal, Pauljit	Simon Fraser	
5	Campbell, Carey	Washington	
6	Cunningham, Aaron	Eastern Wash	
7	Fualefau, Vincent	Saint Martin	
8	Hall, Joe	Concordia (O	
9	Klippel, Kenny	Western Oreg	
10	Koch, Josh	Concordia (O	



2015 UW Indoor Preview - 1/17/2015**Dempsey Indoor, Seattle WA
Performance List****Event 35 ...(Men Weight Throw)**

	Name	School	Seed Mark
11	Lamott, Tyler	Unattached	
12	Lee, Bryan	Western Wash	
13	moore, darien	Unattached	
14	Oni, Major	Portland Sta	
15	Prena, Cullen	Oregon	
16	Ramirez, Justin	Concordia (O	
17	Scaffa, Chris	Seattle U.	
18	Scheideman, Jack	Washington	
19	Seanoa II, Malaki	Seattle U.	
20	Stanley, Kevin	Central Wash	
21	Tafoya, Armando	Central Wash	
22	Walker, Devon	Seattle U.	
23	Watson, Robert	Concordia (O	
24	Wilkens, Mitch	Saint Martin	

