

41ST ANNUAL COOPER RIVER BRIDGE RUN

2018 PRESS LUNCHEON

Sponsored by BAKER MOTOR COMPANY



10K



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Male Elites



Bib #1 Shadrack Kipchirchir
Colorado Springs, CO, 29



- Cooper River Bridge Run defending champ
- 2016 Olympian in the 10k
- 2017 World Championship finalist in the 10k
- Personal best of 27:07 for 10k
- Kenyan-born American distance runner
- Graduate of Oklahoma State University
- Competes for the U.S. Army World Class Athlete Program



Bib #2 Edwin Soi
Kenya, 32



- 2008 Olympic Bronze Medalist in the 5k
- 2012 Olympian in the 5k
- 2x World Championships qualifier in the 5k
- 2012 World Indoor Championships Bronze Medalist in the 3k
- Personal best of 12:51 for 5k and 27:14 for 10k



Bib #3 Edwin Rotich
Kenya, 29



- 2017 CRBR runner-up
- Personal best of 27:28 for 10k and 59:32 for the half marathon
- Runner-up at the 2017 Crescent City Classic 10k
- 2017 Rite Aid Cleveland 10k winner



Bib #4 Aweke Ayalew
Bahrain, 25



- 2015 World Championships qualifier in the 5k and 10k
- Competed in the 2014 World Half Marathon Championships
- Personal best of 28:30 for 10k and 13:05 for 5k



Bib #5 Tsegaye Getachew
Ethiopia, 21



- 2016 CRBR. runner-up
- 4th at the 2017 CRBR
- 2016 Philadelphia Half Marathon champ
- Personal best of 28:04 for 10k and 1:03:54 for the half marathon



Bib #6 Clement Langat
Kenya, 26



- 5th at the 2018 Houston Half Marathon
- Winner of the 2012 African Cross Country Championships
- Winner of the 2017 San Blas Half Marathon
- Personal best of 28:08 for 10k and 60:29 for the half marathon



Bib #7 Timothy Kimeli
Kenya, 24



- 3rd at the 2017 Mattoni Karlovy Vary Half Marathon
- Personal best of 29:05 for 10k and 60:57 for half marathon
- Winner of the 2014 Circuito Caixa 10k



Bib #9 John Muritu Wanjiku
Kenya, 21



- 7th at the 2017 CRBR and 3rd at the 2016 CRBR
- 2015 and 2016 Crescent City Classic Champion (youngest ever winner)
- Runner-up at the 2017 and 2018 Azalea Trail Run
- Personal best of 28:02 for 10k



Bib #10 Benard Ngeno
Kenya, 21



- Won the 2018 Azalea Trail Run
- Won the 2017 Genworth 10 miler in 47:26
- Won the 2017 Richmond Half Marathon
- Runner-up at the 2017 Philadelphia Half Marathon and Columbus Half Marathon
- Personal best of 1:02:38 for the half marathon



Bib #17 Kevin Castille
Baton Rouge, LA, 46



- Arguably one of the best masters runners in the country
- Set a Masters 45-49 world record in the 5k in 2017
- 4th at the Great Cow Harbor 10k in 29:49
- 2017 US Masters 1 Mile Road Champion
- Set a US Masters 45-49 record in the 10 mile in 2017
- Personal best of 28:49 for 10k

Female Elites



Bib #F1 Monicah Ngige
Kenya, 24



- 2x defending Cooper River Bridge Run Champion
- Won the 2018 Azalea Trail Run
- Has notched 15 career road-race wins
- Personal best of 31:55 for 10k



Bib #F2 Hiwot Ayalew
Ethiopia, 28



- 2013 Cooper River Bridge Run Champion
- 2012 Olympic 5th place finished in the 3k steeplechase
- 2014 World Indoor Championships qualifier in the 3k
- Won the 2015 Crescent City Classic 10k
- Personal best of 31:47 for 10k



Bib #F3 Elvin Kibet
Kenya, 28



- Runner-up at the 2017 CRBR
- Won the 2017 Garden of the Gods 10 miler
- Won the 2017 Elk Run 5k
- Personal best is 32:22 for 10k
- Graduate of the University of Arizona
- Competes for the American Distance Project
- Married to male elite Shadrack Kipchirchir



Bib #F4 Gotytom Gebreslase
Ethiopia, 23



- Won the 2017 Silicon Valley Turkey Trot
- Won the 2017 Philadelphia Rothman Institute 8k
- Won the 2017 Shelter Island 10k
- Personal best of 31:14 for 10k



Bib #F5 Magdalyne Masai
Kenya, 24



- Runner-up at the 2017 UAE Healthy Kidney 10k
- 4th at the 2017 World's Best 10k
- Personal best of 31:44 for 10k



Bib #F6 Karolina Nadolska
Poland, 36



- 2012 Olympian in the marathon
- 2013 World Championships qualifier in the 10k
- Won the 2017 Vancouver Sun Run 10k
- Won the 2017 Poznan Half Marathon
- Holds the Polish national record in the 10k
- Personal best of 31:43 for 10k



Bib #F7 Kaitlin Goodman
Providence, RI, 31



- 6th at the 2017 CRBR
- Ran 2:32 in her marathon debut in Dec. 2017
- Personal best of 31:55 for 10k
- Graduate of the University of California Davis
- Competes for Strava Track Club
- Currently pursuing a Masters of Public Health from Brown University



Bib #F8 Iveen Chepkemai
Kenya, 20



- Won the 2018 All-America City 10k
- Bronze medalist at the 2015 African Junior Championships in the 1500m
- 6th at the 2013 World Youth Championships in the 1500m
- Personal best of 32:26 for 10k



Bib #F9 Katie Matthews
Belmont, MA, 27



- 8th at the 2017 CRBR
- Ran 2:38 in her marathon debut in Dec. 2017
- Personal best of 32:22 for 10k
- Graduate of Boston University
- Competes for the Boston Athletic Association (BAA) High Performance Team



Bib # F16 Birtukan Fente
Ethiopia, 28



- 3x World Championships Qualifier in the 3k steeplechase
- Won the 2017 and 2016 Crosscup Hannut Cross Country Race
- Personal best of 32:01 for 10k and 15:16 for 5k

2018 Cooper River Bridge Run- 13th Annual Wheelchair Division

Open Division- Female



Michelle Wheeler, Boalsburg, PA, 32

- Elite athlete, full time Mom, full time employee and Master's degree student.
- Racing on and off since she was 9 years old.
- 2017 Member of Penn State racing team
- Competed in numerous road races and now marathons
- First place 2018 LA Marathon with a time of 2:16:44.
- 2016 Chicago Marathon finish in top 10 women

"While I enjoy competing I hope to use my own experiences and knowledge to help pave the way for more individuals to get involved with adaptive sports and break down barriers people with disabilities face in their everyday lives. After all, we all deserve to show our greatness."

Julia Rodes, Charleston , SC 28

- Resident of Charleston
- Medical student at MUSC
- First year of wheelchair racing
- First year for competing in the Cooper River Bridge Run
- Introduced to wheelchair racing while she and her husband were stationed in St. Louis.
- Racing chair donated through an adaptive sports grant
- Trained with Kerri Morgan, Paralympic track athlete& 4 time medalist in track distances
- Previously competed in hand cycle races when stationed in Germany.
- Member of the local Paralympic Sports Club- Adaptive Expeditions-where she enjoys adaptive surfing, kayaking and cycling.



Open Division- Junior



Donovan McBride, Waterloo, IL 16

- Diagnosed with spina bifida.
- For the past three years, racing in his Xcalibur racing wheelchair.
- 2017 CRBR time- 36:03
- Donovan's favorite competition is on the street; completed countless 5k's, 10k's, a duathlon, part of a triathlon relay road racing team (TheRoad Warriors).
- Member of the Disabled Sports USA E-Team.
- Competing yearly at Junior Nationals
- Member of the Waterloo High School track team
- IHSA State Record holder for the boy's 200m & 800m
- US Paralympic All-American High School Athlete for the last 3 years.

2018 Goal: Qualify for the Boston Marathon & compete in the 2020 Paralympics .

2018 Cooper River Bridge Run- 13th Annual Wheelchair Division

Twelve elite racers will compete in this year's event.

**The Wheelchair Division course record was set in 2009 of 23:48
by Krige Schabert from Atlanta, GA**

Open Division- Men

Hermin Garic- Utica, NY
Jose Pulido- Clarkesville, GA
Matthew Porterfield- Knoxville, TN
Richard Agee- Brooks, KY

Open Division- Women

Michelle Wheeler-Boalsburg, PA
Julia Rodes- Charleston, SC

Open Division- Junior

Donovan McBride- Waterloo, IL

Masters Division

Matt Davis- Bowling Green, KY
Peter Hawkins- Malverne, NY
Ulyssess Elijah- Decatur, GA

Quad Division

Chris Holcomb- Cedartown, GA
Duane Morrow- Hoschton, GA

2018 Cooper River Bridge Run Wheelchair Division

Is sponsored by

The Executive committee of the Cooper River Bridge Run,
Achieving Wheelchair Equality (AWE)
Roper Rehabilitation Hospital
and Hollister Incorporated

Special thanks to

The Wyndham Garden, Mt. Pleasant for accommodations,
Durham Bus, MUSC/ Meducare & Roper Rehabilitation for assistance with logistics

Thank you for your support!

THE 40th ANNUAL COOPER RIVER BRIDGE RUN RESULTS
April 1, 2017
Official Finishers

Overall Men

Shadrack Kipchirchir	Colorado Springs, CO	\$10,000	28:12
Edwin Rotich	Kenya	\$3,000	28:14
Dominic Ondoro	Kenya	\$1,500	28:33
Tsegaye Getachew	Ethiopia	\$1,000	28:40
Birhan Nebebew	Ethiopia	\$800	28:44
Jon Grey	Louisville, CO	\$600	28:49
John Muritu	Kenya	\$500	28:53
Eliud Ngetich	Kenya	\$400	28:53
Kirubel Erassa	Atlanta, GA	\$300	28:54
Macdonald Ondara	Kenya	\$250	29:51

Overall Women

Monicah Ngige	Kenya	\$10,000	32:40
Elvin Kibet	Kenya	\$3,000	32:45
Mamitu Daska	Ethiopia	\$1,500	32:47
Etaferahu Temesgen	Ethiopia	\$1,000	32:56
Simegn Yeshanbel	Ethiopia	\$800	33:48
Kaitlin Goodman	Providence, RI	\$600	33:52
Grace Wambui Nganga	Kenya	\$500	33:54
Katie Matthews	Brighton, MA	\$400	34:04
Becky Wade	Louisville, CO	\$300	34:18
Firehiwot Dado	Ethiopia	\$200	34:36

Top U.S.A. Finishers Men

Shadrack Kipchirchir	Colorado Springs, CO	\$3,000	28:12
Jon Grey	Louisville, CO	\$2,000	28:49
Kirubel Erassa	Atlanta, GA	\$1,000	28:54

Top U.S.A. Finishers Women

Kaitlin Goodman	Providence, RI	\$3,000	33:52
Katie Matthews	Brighton, MA	\$2,000	34:04
Becky Wade	Louisville, CO	\$1,000	34:18

Masters Men

Christopher Kipyego	Kenya	\$1,500	30:30
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Masters Women

Jen Rhines	Boston, MA	\$1,500	35:16
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Grandmasters Men

Gary Bolduc	Ridgeville, SC	\$750	36:02
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Grandmasters Women

Sharryn Whitmore	Mt. Pleasant, SC	\$750	43:24
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Marcus Newberry Award Men

Chris Bailey	Charleston, SC	\$500	33:05
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Marcus Newberry Award Women

Shannon Miller	Charleston, SC	\$500	38:56
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Wheelchair Overall Male

James Senbeta	Savoy, IL	25:16
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Wheelchair Overall Female

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Mobility Impaired Male

Adam Findeisen	Rockville, MD	46:27
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Mobility Impaired Female

Amanda Decker	Oceanside, NY	51:06
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All-Time Top 20 Performances

Male Open

- 1 James Koskei Kenya 27:40 2000
- 2 Joseph Kimani Kenya 27:49 1995
- 3 Reuben Cheruiyot Kenya 27:50 2000
- 4 Joseph Kimani Kenya 27:54 2000
- 5 Paul Koech Kenya 27:57 1997
- 6 Felix Limo Kenya 27:58 2000
- 7 Philip Kirui Kenya 28:03 2000
- 8 John Itati Kenya 28:06 2002
- 8 Simon Ndirangu 28:06 2013
- 10 Tom Nyariki Kenya 28:11 2002
- 11 Tom Nyariki Kenya 28:12 1997
- 11 Shadrack Kipchirchir USA 28:12 2017
- 13 Francis Mbui Kenya 28:13 1995
- 13 Luke Kipkosgie Kenya 28:13 2004
- 15 Khalid Khannouchi Morocco 28:14 1997
- 15 Dejene Berhanu Ethiopia 28:14 2002
- 15 Linus Mayo Kenya 28:14 2004
- 15 Edwin Rotich Kenya 28:14 2017
- 19 Abraham Chebii Kenya 28:16 2006
- 20 Dominic Kirui Kenya 28:20 2000

Male Masters

- 1 Simon Karori 29:13 2000
- 2 Simon Karori 29:21 2001
- 3 Eddy Hellebuyck 29:23 2002
- 4 Gennady Temnikov 29:29 2002
- 5 Andrew Masai 29:44 2001
- 6 Andrew Masai 29:50 2002
- 7 Nick Rose 29:52 1992
- 8 Andrey Kuznetsov 29:56 2002
- 9 David Chawane 30:03 2000
- 10 Nick Rose 30:04 1994
- 11 Meshack Kirwa 30:08 2016
- 12 Antoni Niemczak 30:14 1996
- 13 Nick Rose 30:21 1993
- 14 Simon Karori 30:21 2002
- 15 Paul Mbugua 30:24 2002
- 16 John Tuttle 30:27 1999
- 17 Meshack Kirwa 30:29 2015
- 18 Christopher Kipyego 30:30 2017
- 19 John Campbell 30:33 1991
- 20 Wilson Waigwa 30:33 1995

Female Open

- 1 Elana Meyer South Africa 31:19 1997
- 2 Liz McColgan Scotland 31:41 1996
- 3 Catherine Ndereba Kenya 31:42 2000
- 4 Catherine Ndereba Kenya 31:48 1996
- 5 Sally Barsosio Kenya 31:52 1997
- 6 Catherine Ndereba Kenya 31:53 2002
- 7 Sally Barsosio Kenya 31:54 2000
- 8 Liz McColgan Scotland 31:58 1997
- 9 Rehima Kedir Ethiopia 32:05 2007
- 10 Ejegayehu Dibaba Ethiopia 32:07 2002
- 11 Colleen De Reuck South Africa 32:09 2000
- 12 Amane Gobena Ethiopia 32:12 2007
- 13 Azmera Gebru Ethiopia 32:14 2014
- 14 Cythnia Limo Kenya 32:18 2015
- 14 Hiwott Ayalew Ethiopia 32:18 2013
- 16 Ogla Kimaiyo Kenya 32:20 2013
- 16 Etalemhu Habtewold Ethiopia 32:20 2014
- 18 Amane Gobena Ethiopia 32:25 2009
- 19 Sally Barsosio Kenya 32:28 2004
- 19 Ruti Aga, Ethiopia 32:28 2015

Female Masters

- 1 Sylvia Mosqueda 33:30 2007
- 2 Tatiana Pozdnyakova 33:49 1999
- 3 Lyubov Kremleva 34:04 2002
- 4 Lyubov Kremleva 34:07 2003
- 5 Lyubov Kremleva 34:08 2007
- 6 Tatiana Pozdnyakova 34:22
- 7 Anzhelika Averkova 34:39 2012
- 8 Anzhelika Averkova 34:48 2011
- 8 Elena Viazova 34:48 2001
- 10 Tatyana Pozdnyakova 34:55 2004
- 11 Ramilia Burangulova 34:56 2007
- 12 Ilona Barvanova 35:00 2013
- 13 Ramilia Burangulova 35:06 2011
- 14 Tatiana Pozdnyakova 35:09 1998
- 15 Sabrina Robinson 35:11 2001
- 15 Lyubov Kremleva 35:11 2004
- 17 Irina Bondarchouk 35:13 1995
- 18 Tatiana Pozdnyakova 35:16 2006
- 18 Jen Rhines 35:16 2017
- 20 Lyubov Kremleva 35:18 2006

Past winners

Males

1978 Benji Durden 30:22
1979 Avery Goode 32:22
1980 Kim Burke/Steve Littlejohn (tie) 31:26
1981 Marc Embler 30:54
1982 Mark Donahue 30:28
1983 David Branch 29:28
1984 David Branch 29:25
1985 Mike O'Reilly 29:28
1986 Hans Koleman 29:29
1987 Paul Cummings 30:19
1988 Ashley Johnson 29:56
1989 Ashley Johnson 29:48
1990 Sam Obwacha 29:20
1991 Jeff Cannada 29:38
1992 Dominic Kirui 28:24
1993 Paul Bitok 28:31
1994 Simon Karori 28:35
1995 Joseph Kimani 27:49
1996 Joseph Kamau 28:32
1997 Paul Koech 27:57
1998 Tom Nyariki 29:59
1999 Lazarus Nyakeraka 28:40
2000 James Koskei 27:40
2001 James Koskei 28:45
2002 John Itati K 28:06
2003 Tom Nyariki 28:57
2004 Luke Kipkosgie 28:13
2005 Linus Maiyo 29:30
2006 Abraham Chebii 28:16
2007 Richard Kiplagat 28:35
2008 Robert Letting 28:47
2009 Tilahun Regassa 28:24
2010 Simon Ndirangu 27:40
2011 Lelisa Desisa 28:59
2012 Solomon Deksis 29:37
2013 Simon Ndirangu 28:06
2014 Birhan Nebebew 28:39
2015 Dominic Ondoro 29:22
2016 Dominic Ondoro 29:01
2017 Shadrack Kipchirchir 28:12

Males Masters

1978 Bill Wooley 36:44
1979 Jones 38:35
1980 Ed Ledford 37:06
1981 Ed Ledford 36:36
1982 Ed Ledford 36:06
1983 Ed Ledford 36:43
1984 Bill Voight 35:48
1985 Don Coffman 32:27
1986 Tom Dooley 33:19
1987 Richard Weeks 34:43
1988 Mike Hurd 31:32
1989 Bob Schlau 32:30
1990 Earl Owens 31:26
1991 John Campbell 30:33
1992 Nick Rose 29:52
1993 Nick Rose 30:21
1994 Nick Rose 30:04
1995 Wilson Waigwa 30:33
1996 Antoni Niemczak 30:14
1997 Antoni Niemczak 31:11
1998 Keith Anderson 31:04
1999 John Tuttle 30:27
2000 Simon Karori 29:13
2001 Simon Karori 29:21
2002 Eddy Hellebuyck 29:23
2003 Andrew Masai 30:49
2004 Dennis Simonaitis 31:14
2005 Paul Aufdemberge 31:32
2006 Albert Okemwa 31:20
2007 Sean Wade 31:11
2008 Sean Wade 31:11
2009 Elarbi Khattabi
2010 Nikolay Kerimov 30:55
2011 Mbarak Hussein 31:35
2012 Viacheslav Shabunin 31:47
2013 Malcolm Campbell 31:01
2014 Ian Forsyth 32:07
2015 Meshack Kirwa 30:29
2016 Meshack Kirwa 30:08
2017 Christopher Kipyego 30:30

Females

1978 Lisa Lorrain 39:39
1979 Marty Long 40:10
1980 Michelle Moore 41:29
1981 Kiki Sweigart 35:10
1982 Sallie Driggers 37:21
1983 Mary Copeland 38:09
1984 Brenda Webb 34:09
1985 Christina Boxer 34:08
1986 Leslie Welch 33:37
1987 Mary Ellen McGowan 34:41
1988 Carla Borovicka 34:38
1989 Greta Waitz 33:29
1990 Shelly Steely 32:57
1991 Kim Bird 34:49
1992 Jill Hunter 32:34
1993 Sabrina Dornhoeffter 33:53
1994 Elaine Van Blunk 34:01
1995 Laura LaMena-Coll 33:58
1996 Liz McColgan 31:41
1997 Elana Meyer 31:19
1998 Elana Meyer 32:46
1999 Eunice Sagero 33:18
2000 Catherine Ndereba 31:42
2001 Catherine Ndereba 32:33
2002 Catherine Ndereba 31:53
2003 Edna Kiplagat 33:41
2004 Sally Barsosio 32:28
2005 Olga Romanova 34:04
2006 Sally Barsosio 33:35
2007 Rehima Kedir 32:05
2008 Leah Malot 33:22
2009 Amane Gobena 32:25
2010 Masekerem Assefa 32:31
2011 Shewarge Amare 33:06
2012 Janet Cherobon-Bawcom 33:01
2013 Hiwott Ayalew 32:18
2014 Azmera Gebru 32:14
2015 Cynthia Limo 32:18
2016 Monicah Ngige 32:56:53
2017 Monicah Ngige 32:40

Female Masters

1978 A. Lipowski 46:12
1979 Glassman 52:04
1980 Pat Rhode 49:53
1981 S. Foster 44:49
1982 Peggy Ledford 42:46
1983 Peggy Ledford 41:44
1984 Cindy Dalrymple 36:57
1985 Peggy Ledford 44:51
1986 Gail Bailey 39:21
1987 Gail Bailey 38:42
1988 Gail Bailey 39:12
1989 Judy Greer 37:38
1990 Judy Greer 37:45
1991 Nancy Grayson 35:39
1992 Nancy Grayson 35:50
1993 Carol McLatchie 35:50
1994 Rebecca Stockdale-Woolley 36:32
1995 Irina Bondarchouk 35:13
1996 Maureen de St. Croix 35:19
1997 Maureen de St. Croix 37:31
1998 Tatiana Pozdnyakova 35:09
1999 Tatiana Pozdnyakova 33:49
2000 Marie Boyd 35:25
2001 Elena Viazova 34:48
2002 Lyubov Kremleva 34:04
2003 Lyubov Kremleva 34:07
2004 Tatyana Pozdnyakova 34:55
2005 Tatyana Pozdnyakova 35:34
2006 Tatyana Pozdnyakova 35:16
2007 Sylvia Mosqueda 33:30
2008 Firaya Sultanova-Zhdanova 35:43
2009 Firaya Sultanova-Zhdanova 35:37
2010 Anzhelike Averkova 33:38
2011 Anzhelika Averkova 34:48
2012 Anzhelika Averkova 34:39
2013 Ilona Barvanova 35:00
2014 Lyubov Denisova 37:01
2015 Lyubov Denisova 36: 18
2016 Lyubov Denisova 37:24
2017 Jen Rhines 35:16